# Sewing a simple corset

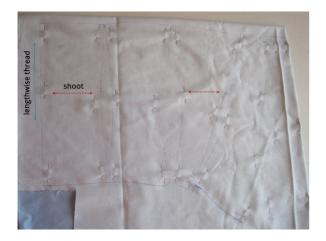
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## http://www.burdastyle.com/techniques/sewing-a-simple-corset--4



This is the basic and simple corset making technique from Corset Academy – Online Haute Couture Classes . This technique can be used NOT only to make a corset, but also garments on corset base such as: - Wedding gowns; - Evening and cocktail dresses; - Prom dresses. Use you imagination and create! Sincerely, Tatiana

#### Step 1 — Corset Cutting.



This model is sewn of 2-way stretch denim fabric. No additional fusing of pieces is needed. I will use the same fabric both for the face and the lining of the corset to ensure that the material is equally dense and stretched on the face and the lining. Corset patterns should be prepared with seam allowances accounted for (in my case, 0.5â—). I fold the material four times evening out the fabric crease. I place the pattern pieces in such a way that their waistline notches are parallel to the shoot and the central cut of the back is parallel to the lengthwise thread. In my case the fabric stretches along the lengthwise thread. If your fabric stretches along the shoot, then you should lay out your pattern pieces the other way round: the fabric should not stretch along the waistline. I trace all corset pieces marking notches. Then I secure everything with pins.

#### Step 2 — Making notches



And I cut out all patterns. It is necessary to make notches: on the waistline, along the bust-line and under the bust. Then I remove the pins and separate the pieces. I put the face pieces of the corset aside.

#### Step 3 — Drawing the bust-line.



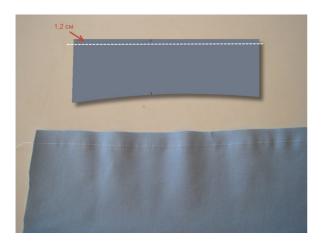
I take the central piece of the lining front and 2 medium pieces of the front. I draw horizontal lines along the back of the fabric connecting bust-line notches.

#### Step 4 — Joining the bust curves



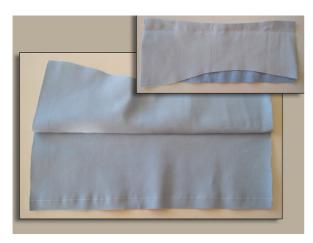
I join the bust curves of the lining using a 0.5â- seam allowance.

Step 5 — Making machine stitch along the straight cuts of the central pieces of the back



Then I make a machine stitch going along the straight cuts of the central pieces of the back at a distance of the seam allowance  $(0.5\hat{a}-)$ .

Step 6 — Joining he curves of the back pieces



Step 7 — Trimming corners at the ends of the seam allowances



I trim corners at the ends of the seam allowances along the top and bottom of the garment. This is done in order to minimize the thickness of the seams when joining the horizontal cuts.

Step 8 — Joining the side piece of the front with the back along the side seam



I join the side piece of the front with the back along the side seam. The seam allowance is 0.5â- .

Step 9 — Pressing open all seam allowances



Now I press open all seam allowances.

Step 10 — Pressing the bust curves



I press the bust curves using a cup pressing mould. I press the bottom of the front piece curves on the pressboard surface.

Step 11 — This is what the front of the lining looks like after pressing



This is what the front of the lining looks like after pressing.

Step 12 — Trimming the seam allowances at the level of the corset cups.



I trim the seam allowances at the level of the corset cups.

Step 13 — Sewing the boning



Now I take a narrow  $(0.3\hat{a}-)$   $\hat{a}-$  Rigilene $\hat{a}-$  bone, tape its edge over with some masking tape and place it at the previously marked bust-line at the front, 0.8-1 inches from the edge of the garment. I make bar tacks at the starting and finishing points. The  $\hat{a}-$  Rigilene $\hat{a}-$  bone should be stitched-on by 2 parallel stitches going along the edges.

Step 14 — Joining all lining pieces into one whole piece



I join the pieces of the corset along the curve of the side piece of the front using a 0.5â— seam allowance. In other words, I join all lining pieces into one whole piece. All seams should be carefully pressed open.

# Step 15 — Making a stay-stitch going along the top and bottom of the lining.



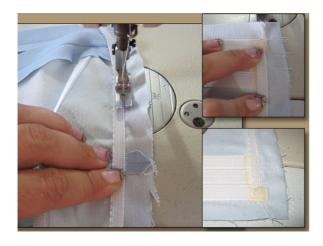
I make a stay-stitch going along the top and bottom of the lining. Stay-stitch is a supporting machine stitch sewn at the distance of the seam allowance  $(0.5\hat{a}-)$  from the edge. On the one hand it prevents the piece from getting stretched and on the other hand - serves as a guiding line for marking the location of  $\hat{a}-$  Rigilene $\hat{a}-$  bones.

### Step 16 — Sewing the boning at the lacing location



I take a wide (0.5â—) â— Rigileneâ— bone and place it at the middle of the back (where the lacing will be located) 1mm from the stay-stitch. I sew it on with 2 machine stitches. Then I sew on 2 more parallel bones, one by one. I tape their edges over with a masking tape. I leave 2mm space from the stay-stitch at the top and down the bottom.

## Step 17 — Stitching a narrow bone onto the upper edge of the corset



I take a narrow  $(0.3\hat{a}-)\hat{a}-$  Rigilene $\hat{a}-$  bone and stitch it onto the upper edge of the corset stepping 1mm from the stay-stitch. I tape the edge of the bone with a masking tape.

# Step 18 — Finishing sewing-on the bone with the second stitch going along its inner side.



The fabric on the side pieces of the front, from the underarm to the bust curve, should be slightly eased-in to ensure good fitting of the corset top. I finish sewing-on the bone with the second stitch going along its inner side. From the face side of the lining these attached â— Rigileneâ— bones look like this.

### Step 19 — Covering Cups with Padding Polyester



I take a flock of padding polyester. It is recommended to rumple it along the edges. I place it over the horizontal bone on the bust and secure it with pins. Then I stitch it on over the face of the lining along the seams attaching the bone.

### Step 20 — Joining the Face Pieces.



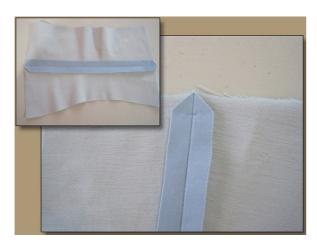
I take all the pieces of the face part of the corset.

Step 21 — Joining the Face Pieces (continued)



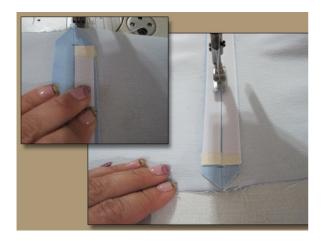
I join the vertical curves of the back with a 0.5â- seam allowance and then press the seams open.

Step 22 — Joining the Face Pieces (continued)



I make markings stepping 0.6â— down from the top and bottom edge.

Step 23 — Attaching â- Rigileneâ- Bones



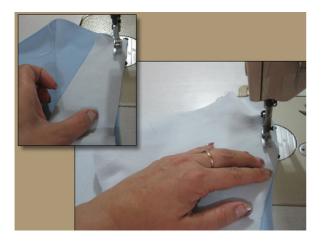
I stitch-on wide (0.5â- ) â- Rigileneâ- bones along the curves leaving 0.5â- space from the edges of the garment and looking to the markings. The edges of the bones should be taped over. I start sewing bone-attaching seams from the very edge of the garment and make no bar tacks!

Step 24 — Attaching â— Rigileneâ— Bones (continued)



Please note! I try to match the edge of the bone with the seam that joins the pieces. The seam allowance is fully covered by the bone so that its attaching seam goes along the edge of the allowance and secures it. These bones will later be used as tunnels for inserting supporting metal (spiral) or plastic bones; which means the seam allowance should not be wrinkled inside the tunnel.

#### Step 25 — Joining the front curves with a 0.5â— seam allowance



I join the front curves with a 0.5â- seam allowance.

## Step 26 — Pressing the bust curves



Now I take a cup pressing mould. I place the bust curve over it. I carefully shape the cup by a circular motion of the iron until it looks beautiful and embossed. Other curves are pressed open on the surface.

## Step 27 — Making a mark from the top and bottom of each curve.



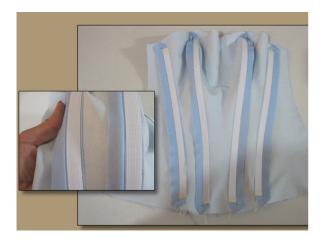
I make a 0.6â— mark from the top and bottom of each curve.

Step 28 — Stitching on â— Rigileneâ— bones the same way like for the back curves.



And I stitch on wide  $(0.5\hat{a}-)$   $\hat{a}-$  Rigilene $\hat{a}-$  bones the same way I did for the back curves. I leave  $0.5\hat{a}-$  space from the edges of the garment looking to the markings. I tape over the edges of the bones with some masking tape. I start sewing bone-attaching seams from the very edge of the garment and make no bar tacks!

Step 29 — Stitching on â- Rigileneâ- bones (continued)



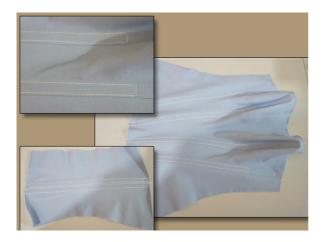
The seam allowance is fully covered by the bone so that its attaching seam goes along the edge of the allowance and secures it. Let me remind you that itâ—s a very important detail!

Step 30 — Stitching on â— Rigileneâ— bones (continued)



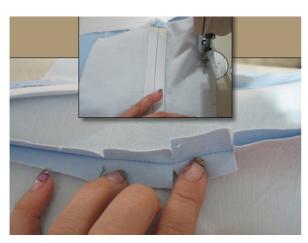
From the face side the curves with bones look like this.

Step 31 — Stitching on â- Rigileneâ- bones (continued)



I have put a white thread into the bobbin for decorative stitching.

Step 32 — Sewing together the side seams



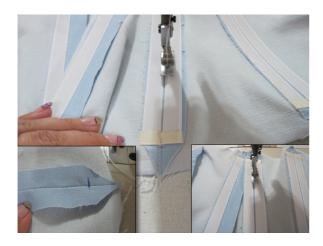
I sew together the side seams. The allowances can be cut through at the waistline level.

Step 33 — Pressing open the side seam using a special pear-shaped mould.



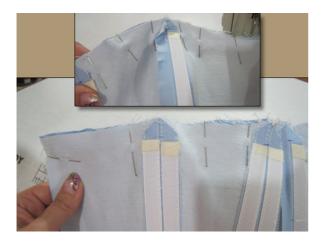
I press open the side seam using a special pear-shaped mould.

Step 34 — Stitching-on 2 parallel wide (0.5â- ) â- Rigileneâ- bones



I stitch-on 2 parallel wide  $(0.5\hat{a}-)\hat{a}-$  Rigilene $\hat{a}-$  bones looking to the markings at the top and down the bottom at a  $0.5\hat{a}-$  distance from the edge. I tape over the edges of the bones with some masking tape.

Step 35 — Joining the Face and the Lining



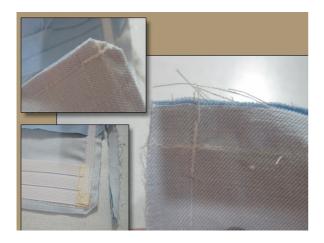
I take the lining and the face (the face is on top) and match them face-to-face along the neckline. I match their corners, cuts and curve seams. Then I pin them together.

#### Step 36 — Joining them along the vertical cuts of the back



I join them along the vertical cuts of the back. I add pins in a gliding motion catching only the lining fabric without piercing through the horizontal bone. If you turn it lining-upwards there should be no puncture marks left by the pins. I switch to a one-sided presser foot. I join the pieces along the supporting stay-stitch from the lining side.

# Step 37 — Making sure that no curve bones get in the way of the joining seam



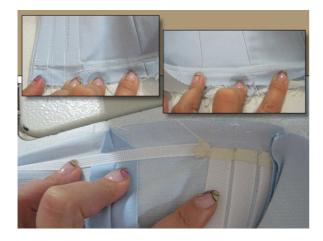
I check the quality of the seam from the face part of the corset. I make sure that no curve bones get in the way of the joining seam. It works best when the seam is made 1-2mm away from these bones. Please note! You cannot turn the garment around on the needle! Each seam begins at the edge of the garment and then I make a bar tack at the point of their intersection. In the picture below you can see the location of bar tacks at the intersection of the seams. Then I trim the seam allowances down to 0.2 inches. And I trim their corners, too.

#### Step 38 — Turning the garment out and pressing



I turn the garment out and press it slightly along the top and center of the back.

Step 39 — Stitching a narrow â— Rigileneâ— bone onto the bottom of the lining



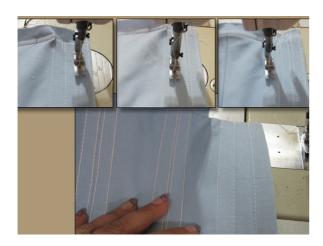
I stitch a narrow (0.3â- ) â- Rigileneâ- bone onto the bottom of the lining.

Step 40 — Pinning together the face and the lining along the bottom of the corset



Then I pin together the face and the lining along the bottom of the corset.

Step 41 — Making machine stitches going along the bones



I make machine stitches going along the bones at the lacing area and joining the lining with the face. Now there are ready tunnels for inserting spiral or plastic bones.

Step 42 — At this point the corset looks like this



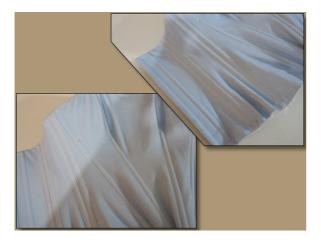
At this point the corset looks like this.

Step 43 — Inserting Plastic Bones



I take some plastic bones. Instead of these you can also use spiral metal bones.

**Step 44** — **Inserting Plastic Bones (continued)** 



I insert a plastic bone into the tunnel underneath each  $\hat{a}$ — Rigilene $\hat{a}$ — bone, on each curve. You can push 2 parallel bones into the side seam and the back curve.

Step 45 — This is what the garment looks like from the lining side.



This is what the garment looks like from the lining side.

Step 46 — Finishing the Bottom of the Corset



I make a machine stitch at a presser-foot distance from the stitched-on horizontal bone that goes along the bottom.

## **Step 47** — Finishing the Bottom of the Corset (continued)



I take a 0.8â— wide bias tape. I leave a 0.8-1.2â— end and stitch the tape along the bottom of the corset from the face side. I place the tape in such a way that it overlaps the joining seam by 1 mm. At the same time, the machine seam going over the tape matches the joining seam perfectly. These seams coincide if you look from the underside.

## Step 48 — Finishing the Bottom of the Corset (continued)



I bend the tape inwards, secure it with pins and hand-stitch it with a blind stitch. Then I carefully press the bottom of the corset.

#### **Step 49** — Finishing the Bottom of the Corset (continued)



The corset is basically finished! If you donâ— t want any plastic or spiral bone going along the whole bust curve - you should make bar tacks under the bust. These tacks will restrict the tunnel along the curve.

## Step 50 — Punching Grommets



I have punched grommets at the lacing area. Ideally, the distance between the grommets should be 1.2-1.6 inches. The diameter of a grommet is  $0.2\hat{a}-$  .

## Step 51 — Sewing a Flap



I have sewn a flap and attached it to the middle of the back underneath the lacing.

## Step 52 — Finished corset



Finished corset

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