

Cowl dress/Cowl top

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<http://www.burdastyle.com/projects/cowl-dresscowl-top>



A very easy to sew project! Semi-fitted to fitted dress or top with a cowl-neckline. Suitable for jersey/knits with some drape. Burdastyle sz 36, but should work for sz 34 and 38 as well. My measurements for reference: 84cm bust, 67cm waist and 90cm hips, bra size 70B = 32B. In the shops I always buy size 34 (=XS), but according to the Burda sizing chart I'm a size 36. I hope that helps you get an idea of whether it will fit or not :-).

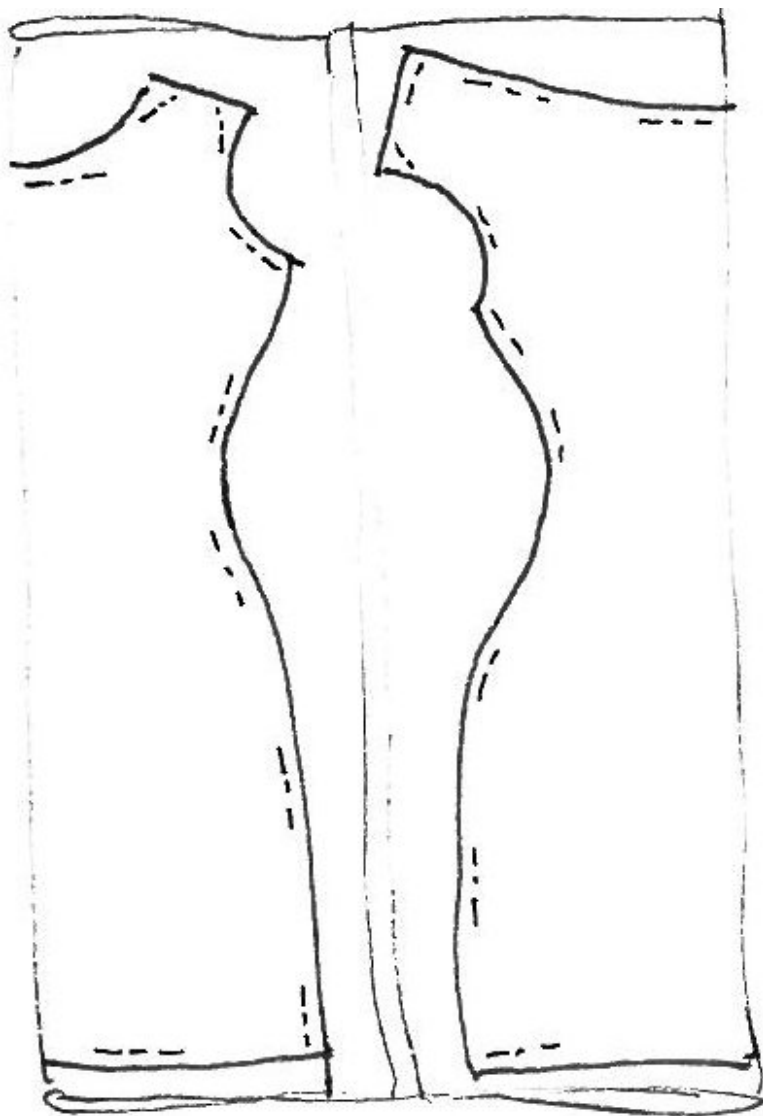
Materials

Jersey/knits with some drape. Amount needed is the desired length of the dress/top + about 20cm's for the facing and seam-allowances.

Step 1 — Prepare the pattern

Assemble the pattern and cut the pattern-pieces. If you like, add desired amount of seam-allowance before cutting the pattern. I add 0,5cm when I sew in knits, since I use a simple overlock-stitch on my ordinary sewing-machine, and the seam is about 0,5cm wide.

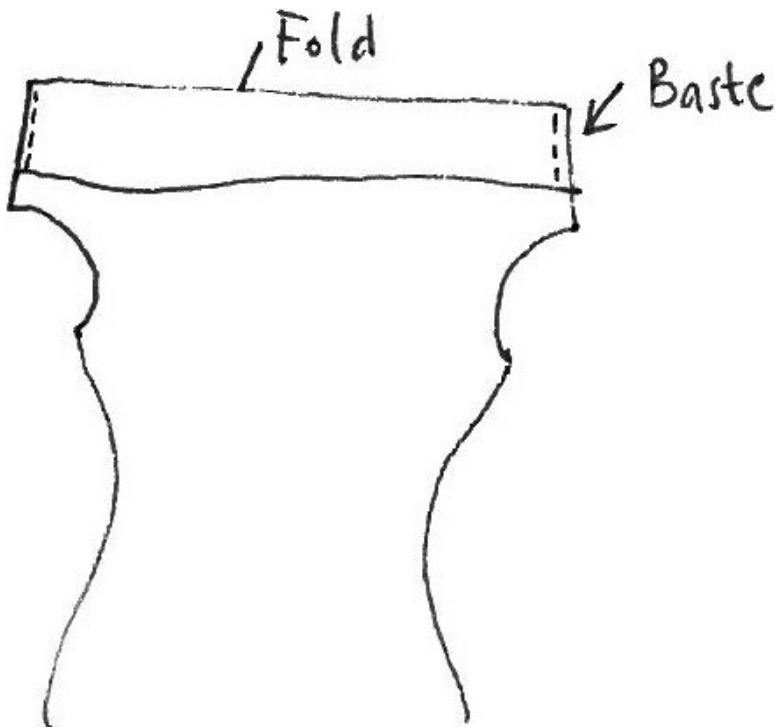
Step 2 — Cut the fabric



Place the pattern on the fabric, both pieces on a fold, and pin it to prevent it slipping while cutting the fabric. Make sure the direction of the greatest stretch is across the front-pieces (the rib, if there is any, should end up as vertical lines, not horizontal).

Cut the fabric. If you didn't add any seam-allowance in step one, do so now.

Step 3 — Prepare the front-piece

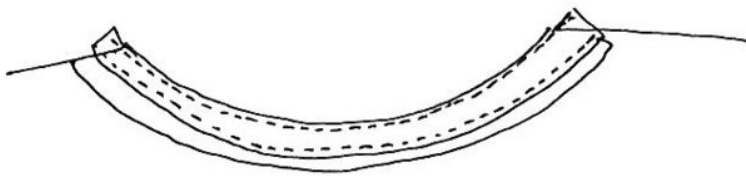
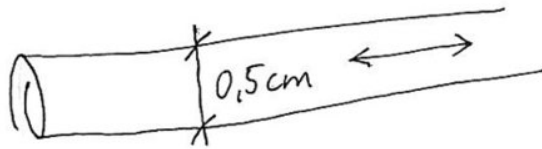


Fold the facing on the front-piece and line up the points marked \hat{a}' $\hat{a}\hat{a}'$ and \hat{a}' $\hat{b}\hat{a}'$. The facing should end up on the wrong side of the fabric. Pin and baste along the shoulder-seam.

Step 4 — Prepare the back-piece



Back-piece, wrong side



Back piece, wrong side

Cut a strip of fabric about 30cm long and 1,5cm wide. The stretch should be across the strip (so that it stretches as little as possible along its length). Fold it in three (see the picture). Finish the neckline on the back-piece by making a fold along the seam-allowance, and stitching the folded strip of fabric on the wrong side of the fabric (pin first). Use ordinary straight stitches to prevent the neckline from stretching. Stitch about 1,5-2mm from the edges of the strip.

Step 5 — Sew!

Line up the front-and back-piece shoulder-seams by matching the points marked â' bâ' and â' câ' (right sides of the fabric facing each other). Pin, and sew the seam using a stitch for stretch (or a small zig-zag).

Line up the front-and back-piece side-seams by matching the points marked â' dâ' and â' eâ' . Pin, and sew.

If you want to, finish the edges using a method of your choice (for example by making a hem and sewing it with a twin-needle). Iâ' ve left them unfinished, since Iâ' ve used very light fabrics that donâ' t fray.

Finished!

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