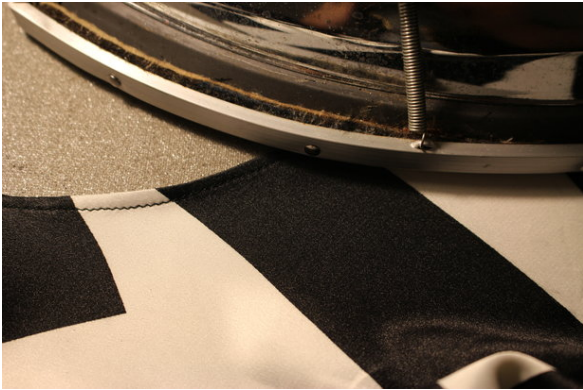


Easy Narrow Hem

By: melodym

<http://www.burdastyle.com/techniques/easy-narrow-hem>



A narrow hem is one that is approximately 1/8" or 1/4" and is used on men's shirts, slips, lingerie, napkins, and other items that need just a hint of a hem. Commonly a special sewing machine foot is used to achieve the narrow hem. But the hem can be done a couple of ways without an additional foot. This is my tip/trick to achieve the narrowest of narrow hems. Note: This method utilizes a serger/overlock

Step 1 — Serge/Overlock Raw Edge



Serge/overlock the raw edge to be hemmed. Depending on the hem allowance you may want to calculate the amount of the hem allowance that you serge/overlock off. Example: A common narrow hem is two 1/4" (0.635 cm) folds; if your hem allowance is 1 1/4" (3.175 cm) you would want to serge/overlock off 3/4" (1.905 cm). I like to set my serger/overlock at its most narrow stitching width and using only three threads. Thus producing the narrowest of narrow hems.

Step 2 — Fold and Press



Fold and press the serged/overlocked edge to the wrong side of the garment.

Step 3 — Fold and Pres Again



Fold and press the edge a second time to the wrong side of the garment, encasing the serged/overlocked edge. Pin to secure for stitching.

Step 4 — Edge Stitch



Edge-stitch the fold hem as pinned. This is a tedious task, if you miss the edge the hem will not be secured all around.

Step 5 — Press Hem



Press on right side of garment to embed stitching line.

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Step 4 — Edge Stitch