

# Elsa #1 (pattern size 36)

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<http://www.burdastyle.com/projects/elsa-1-pattern-size-36>

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This is our 'Elsa #1! I am immi. and I made a version in size 42/44. Elsa was made out of some wonderful fabric which I put aside during many years (about 20 years!). You may recognize that I am an old woman today! ;-) Ha, ha – nevertheless I felt a bit like Marilyn M. during the photoshoot. My daughter took the photos as always. We made a trip to 'Bremerhaven' which is a seaport not far away from us.

## Materials

cool- wool

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## Step 1 — Elsa#1 Pattern



## Materials

fabric: we used a light weight woolblend approx. 170cm length x 150cm wide  
invisible zipper 60cm length  
buckle which should be covered (â tutorial)  
interface to iron on the trimming

## Cutting list

Front part 1 x on fold  
Back part 2 x  
Sleeves 2 x  
Bow 4 x  
Front trimming 1 x on fold  
Back trimming 2 x on fold

## Cutting out

Put patterns on fabric. Grain line should be correct. Mark seam allowances:  
4 cm for hem  
1,5 cm for all edges and stitches  
Note: The pattern pieces are including the seam allowances!  
Cut units and transfer all pattern markings on fabric.

Try on

Stitch by hand, right sides together:

Front piece darts, back piece darts, back piece to front piece at sides.

Stitch back middle seam and sew the zipper by hand with a running stitch about 1,5cm length. Now try on and make sure the correct fit. May be you have to modify the darts width or their position, the side seams or the back seam. Take apart.

Put together step by step:

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## Step 2 — Back

Stitch back bodice darts, press towards center.

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## Step 3 — Front and neckline

Stitch front bodice darts. Clip at waistline (be careful: over sew the raw edges by hand or machine immediately). Press underarm darts down and waistline darts towards center. Stitch shoulder seams. Press seam allowances open.

Neckline: Join front facing to back facing at shoulder seams. Pin inner and outer pieces right sides together. Stitch along neck edge. Trim seam, clip curves at intervals. Turn the facing inside. Press. Baste remaining edges together.

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## Step 4 — Bow / Side seams

Pin both units of bow together. Stitch along seam line. Clip curve at intervals. Turn to the right side. Put both units of bow to the front side and pin them together on the mark at the side seams. Stitch side seams. Press side seams open.

Wearing the dress lately put bows end through the covered buckle.

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## Step 5 — Buckle

To cover the buckle use our tutorial: <http://www.burdastyle.com/techniques/covered-buckle>

You may also look here: <http://www.vintagesewing.info/1950s/52-hmh/hmh-144.html>

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## Step 6 — Zipper

Sew zipper to dress using following instructions : <http://sewing.org/html/zipinvis.html>

This video might also be helpful: <http://www.youtube.com/watch?v=RneYzsqOyD0>

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## Step 7 — Sleeves

Pin sleeve seams and stitch. Turn lower edge of sleeve to inside, forming hem, press. Sew hem in place with blind hemming stitches.

Adding in sleeves:

Make a row of gathering stitches aprox. 1cm from sleeve head. Holding sleeve toward you, put the sleeve into the armhole, match notches and seams. Pull gathering thread adjusting the fullness evenly around top of sleeve, placing pins at 1cm intervals. Try on the dress and control the position of the sleeves.

Stitch the sleeves coming from the sleeve side, starting above the side seam. Trim. Press toward the sleeve.

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## Step 8 — Hem

Mark hem at desired length. Hem with blind hemming stitches.

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## Step 9 — Lining

The dress is designed to be full length lined. Lining helps a garment to last longer and it may eliminate a see through effect on a light weight dress fabric. It also helps you to put the garment on easily as it is usually shinier than the top fabric.

We recommend to cut out some lining fabric and to line the dress!

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