

Melissa

By: burdastyle

<http://www.burdastyle.com/projects/melissa>

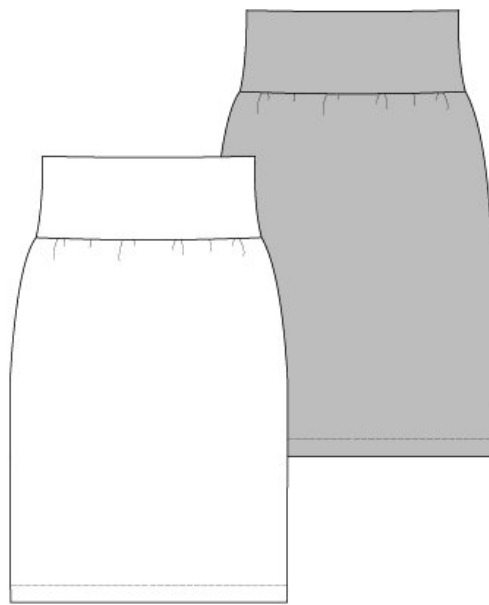


Anyone can sew this project, we promise! One of the simplest sewing patterns on the market: a high-waist stretch skirt. We made ours in two-toned purple stretch wool fit for cooler days but switch to cotton jersey for warmer weather. Oh! and p.s. the pattern includes a dress option. Happy Sewing!

Materials

purple and magenta stretch wool

Step 1 — PATTERN



PATTERN

A B 1 Center front piece 2x

A 2 Side front piece 2x

A 3 Center back piece 1x (A lining)

A 4 Side back piece A 4x (lining), B 2x

A 5 Front placket 2x

A 6 Strip 2x (A lining)

7 Collar 4x

A 8 Center front piece 2x (lining)

A 9 Center back piece 1x (lining)

Fabrics: Light wool fabrics

Vest A with silk lining back

The patterns can be printed out at the copy shop. If you decide to print them at home, follow the instructions:

Paper cut for ANSI A (German DIN A4) prints:

The patterns are printed out on 20 sheets with a thin frame. Wait until all sheets are printed out. Arrange the sheets so that they fit together (see additional page with the overview of the prints). Fold the single sheets on the upper and right edge along the thin frame lines. Begin with the left lower sheet and then tape the frame lines together precisely.

Step 2 — LENGTHEN / SHORTEN PATTERN



Select your size according to the Burda-dimension table: dresses, blouses, jackets and coats according to the bust size, trousers and skirts according to the hip width. Change the pattern to fit your measurements if they deviate from the Burda-size chart. Cut out the pattern pieces according to your size.

Sizes 2 to 12 (EU 34 to 44): On piece 1, mark the same distance between the top edge and top button hole. Do the same for all sizes. The bottom button wholes are the same for all sizes. The middle button whole mark in between the top and bottom buttons.

Refer to our [Adjust patterns for mixed sizes](#) technique.

LENGTHENING OR SHORTENING THE PATTERN PIECES

Our pattern is calculated for a height of 5'6" (168 cm). If you are taller or shorter, you can adjust the pattern pieces along the lines marked [lengthen or shorten here](#). This way the proper fit is maintained. Always adjust all pattern pieces along the same line to the same degree.

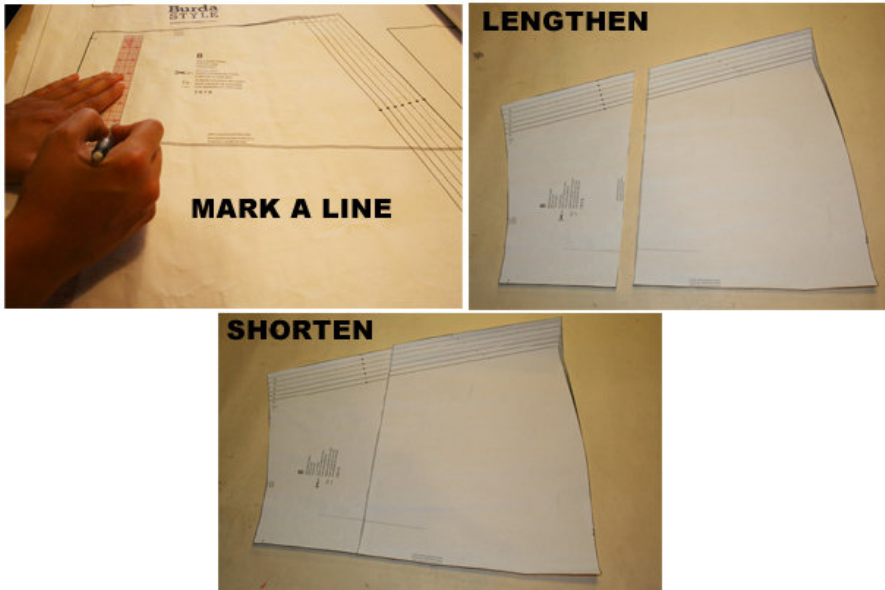
How to lengthen and shorten pattern pieces:

Cut the pattern pieces along the marked lines

To lengthen, slide the two halves of the pattern piece as far apart as necessary.

To shorten, overlap the two halves of the pattern piece as far as necessary. Blend the side edges.

Step 3 — FOLD



FOLD () means: Cut on the fold, the fold being the center of the pattern piece, but never a cut edge or seam. The piece should be cut double, with the fold line forming the center line. Pattern pieces that are outlined with a broken line in the cutting diagrams are to be placed face down on the fabric. The cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric.

The cutting diagrams show the placement of the pattern on the fabric.

For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the wrong side. The pattern pieces that are shown extending over the fold of the fabric in the cutting diagram should be cut last from a single layer of fabric.

Step 4 — SEAM AND HEMLINE ALLOWANCES



SEAM AND HEMLINE ALLOWANCES are included on an average:

1 5/8" (4 cm) for hem, 5/8" (1.5 cm) for all edges and stitches. Using BURDA copying paper, transfer the lines and signs of the pattern onto the wrong side of the fabric. Instructions can be found in the packaging.

Vest A with silk lining back: Cut out the lining according to the pattern pieces 2, 3, 4, 6, 8 and 9.

B: Cut out the lining according to pattern pieces 2, 4, 8 and 9. See cutting diagram.

INTERFACING

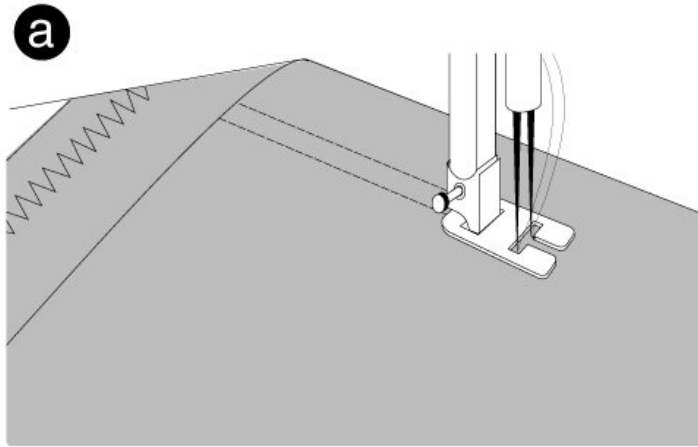
Cut out the interfacing pieces and press onto the wrong side of the fabric.

Sewing

While sewing, the right sides of the fabric are facing.

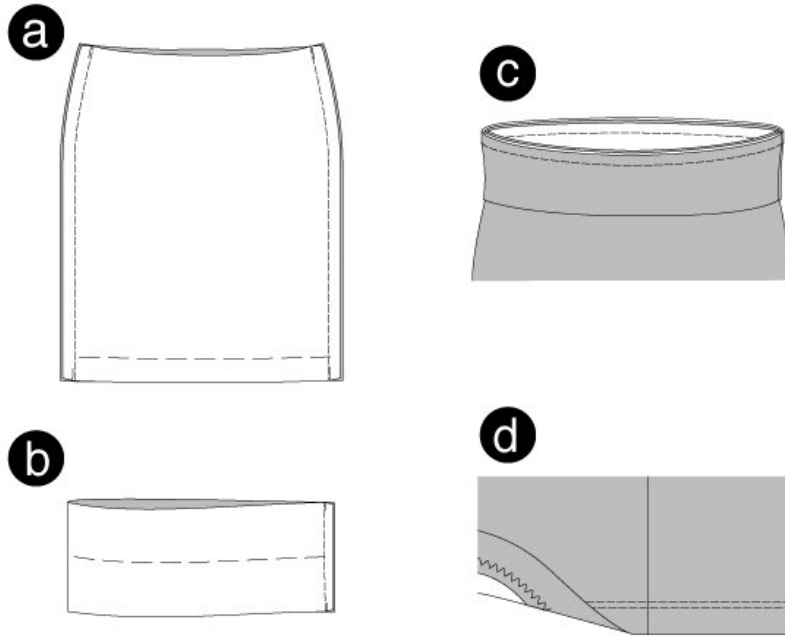
Transfer all lines of the pattern onto the right side of the fabric using chalk.

Step 5 — TOPSTITCH



To topstitch the edges (e.g. at the hemline) use a twin needle. Stitch onto the right fabric side using 2 needle threads, 1 bobbin thread and straight stitch adjustment. The bobbin thread creates zigzag stitches. In that way the fabric won't stretch while stitching and at the same time the seam line becomes stretchable. (a)

Step 6 — SKIRT / SIDESEAM



SKIRT

SIDE SEAMS

2 Position front and back skirt panels together, right sides facing. Pin side seams and stitch. Neaten allowances and press apart.

WAISTBAND

3 Fold the waistband, right sides facing. Stitch left side seam. Neaten allowances and press apart. Fold the waistband along the fold line, wrong sides facing. Pin open edges.

4 Position the waistband on the top skirt edge, right sides facing and centers meeting. Its seam line meets the left side seam. Stretch the waistband slightly and pin it. Stitch. Neaten allowances and press inside the skirt.

HEMLINE

5 Neaten hemline, turn inside and pin. Press. Stitch the bottom skirt edge using a twin needle, $1\frac{1}{2}$ (3.5 cm) from the edge along the right fabric side. Enclose the hemline.

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