

Bikini Brief Undies

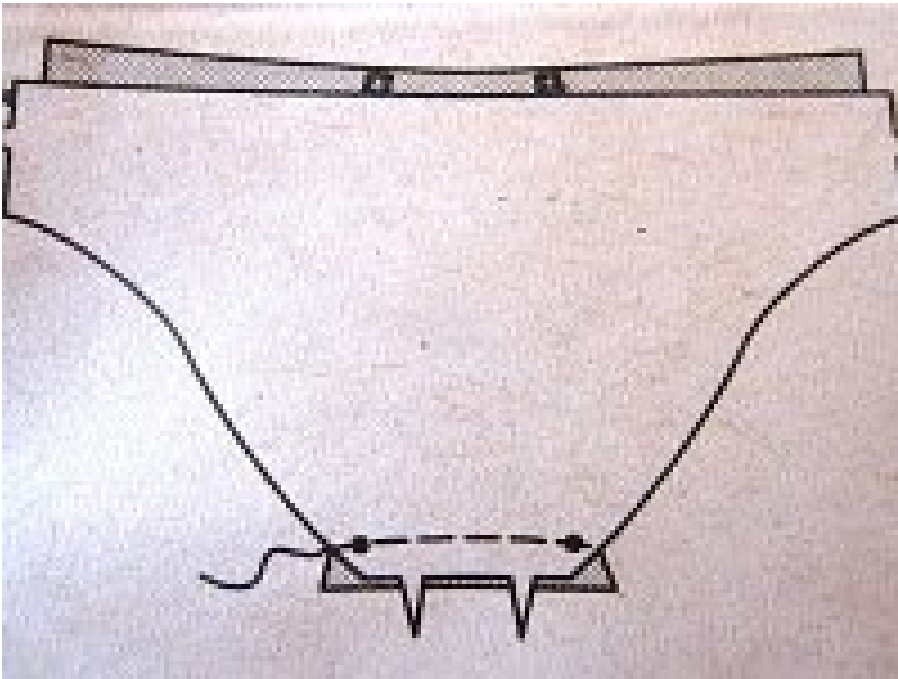
By: madebymeg

<http://www.burdastyle.com/projects/bikini-brief-undies>



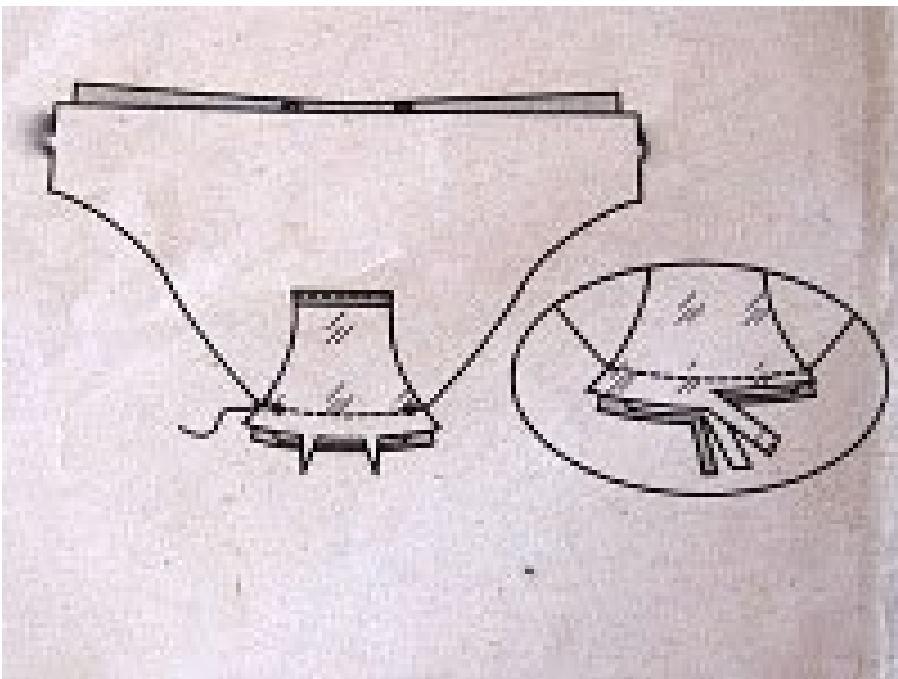
Check it out at: [MadeByMeg](#) So the morning after I attempted McCall's DIY style panties pattern, I sat down with my pattern paper, patterns, a ruler, pen, and my Victoria Secret undies and got to work. It didn't take much to draft up a new underwear pattern. This one has more coverage on the sides and no third crotch piece, which means less seams and less bulk. I believe these are also a bit more low-rise than the ones at the top, too. After trying them on, I was thrilled with the results. I probably could have done this without buying the Tops and Panties pattern, but it was worth a try. The other innovation I came upon was using Wash-Away Wonder tape, a double-sided, sew-through, wash-away basting tape. I put that sucker on to attach the elastic and my stitches came out beautifully—perfectly holding the fabric and elastic in place. But beware when you are buying tape—if it is not double-sided, sew-through AND wash-away, you do not have the right product. Buy it in 1/4" or 1/8" strips for this project.

Step 1 — Sew front to back



With right sides together, pin along the bottom of the FRONT and BACK. Baste together.

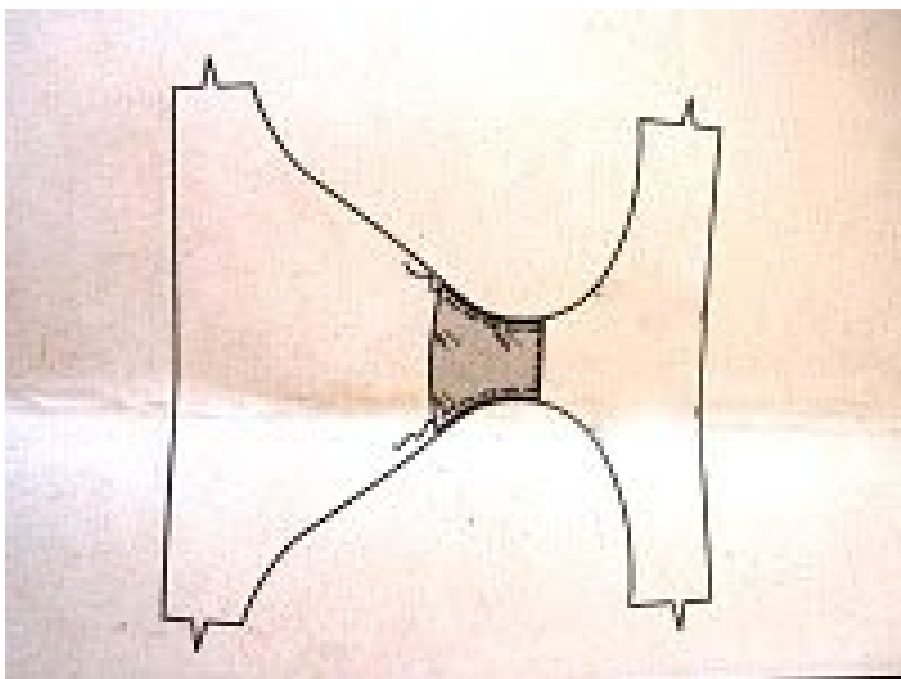
Step 2 — Add the lining



Pin the right side of the LINING to the wrong side of the back along the bottom. Stitch.

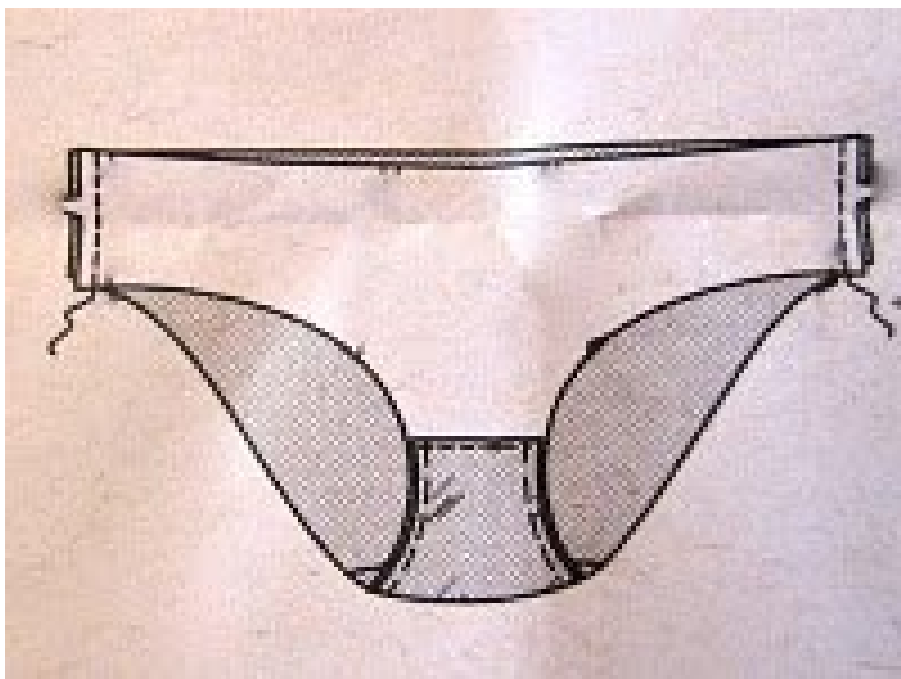
Grade seam allowances, clipping the lining allowance the shortest (you may want to remove your basting stitches to do this).

Step 3 — Baste the lining



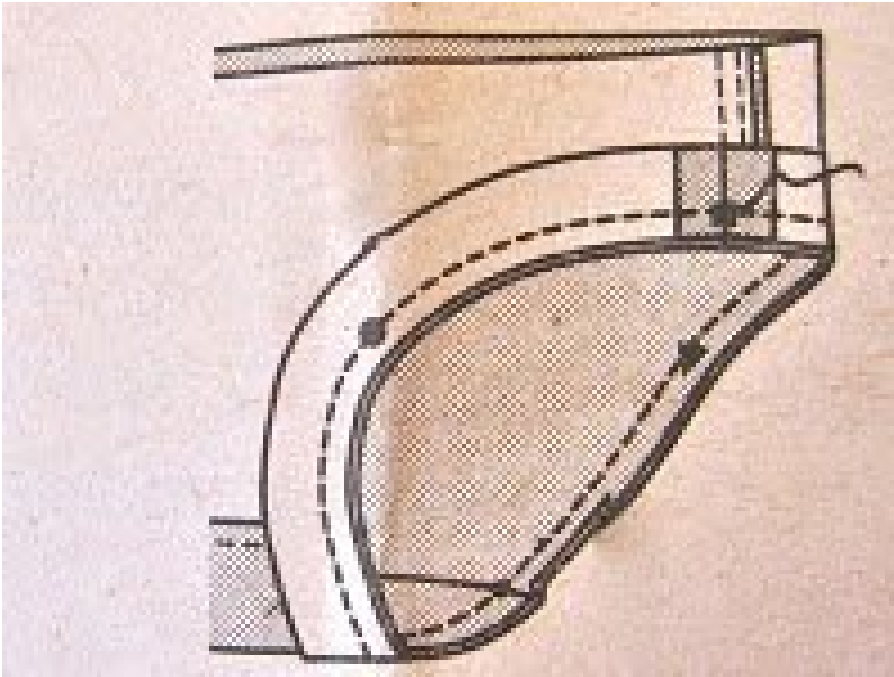
Turn the lining towards the front, covering the seam. Baste raw edges together along the sides.

Step 4 — Sew side seams



With right sides together, sew the panties together at the seams. Fold the seam allowance towards the back, and finish with a flat-felled stitch.

Step 5 — Attach elastic



Place a 1/4" or 1/8" strip of Wash-Away Wonder Tape (or its equivalent) on the wrong side of the fabric along the edge of the leg opening. Use this tape to attach the elastic like so: Distribute the elastic evenly along the leg opening of the undies, stretching to fit. Allow the edge of decorative elastic to peek out from underneath the fabric, if desired.

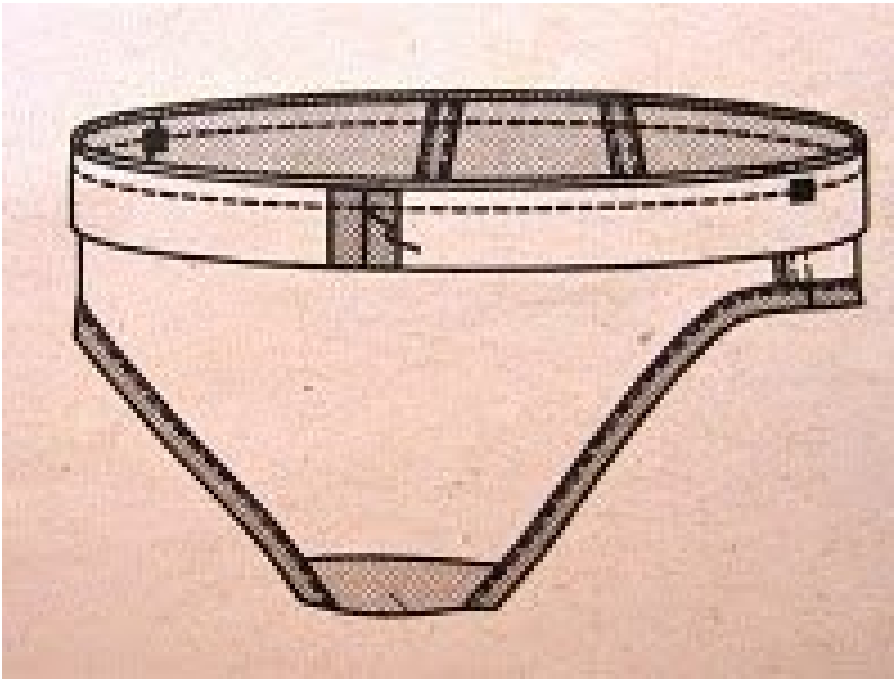
Stitch, using a zig-zag stitch. On my Janome, I set the zig-zag width to 2.5 and sewed at a 1/4" stitch allowance.

Repeat for the other side.

Step 6 — Join waistband elastic

Stitch the ends of the longer piece of elastic together by overlapping the ends and sewing a line of stitches across. Make sure that the elastic isn't twisted. It may be helpful to secure with double-sided, sew-through, wash-away tape before stitching to baste in place.

Step 7 — Attach waistband elastic



Apply tape as in step 5 to the right side of the upper edge of the front and back of garment. Distribute the elastic evenly along the top of the undies, stretching to fit. It may be easiest to work the back half in two sections, making it easier to pull the elastic taught as you secure it to the tape.

Stitch, as on the leg openings, using a zig-zag stitch. I switched to a thread color that matched my elastic band here because the elastic is on the outside of the garment.

Step 8 — Variations



If desired, add bows, buttons, decorative stitching, embroidery, lace or zippers to personalize the look.

Additionally, the pattern can be modified to make string bikini undies.

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