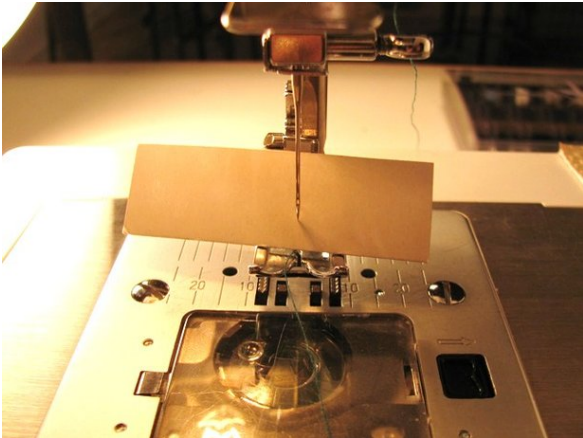


# Threading Helpers

By: Linda74Sews

<http://www.burdastyle.com/techniques/threading-helpers>

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The task of threading a needle can sometimes be difficult and a huge time waster. Whether its to thread a needle for hand sewing or threading the sewing machine sewers both young and old can have a tough time piercing that tiny hole with ease. For first time sewers it can sometimes be a nightmare! I have found that a small piece of very white plastic or cardboard placed behind the needle hole makes the task lightning fast.

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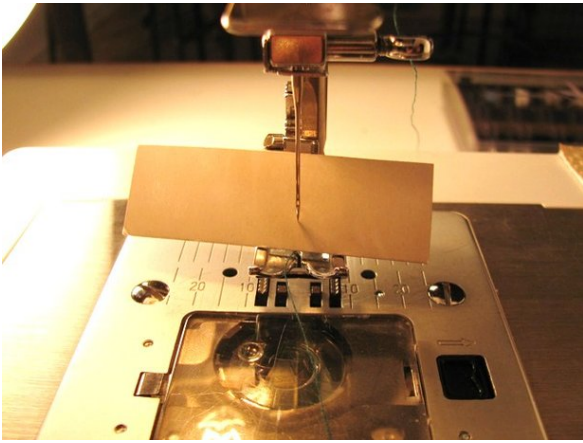
## Step 1 — Cut a piece of cardboard



Cut a small piece of white cardboard or plastic 1/2 inch by 2 inch piece in size. The piece does not need to be very thick, card stock paper will do.

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## Step 2 — Place threading helper behind the needle hole



Now place the threading helper behind the hole of the needle. The white board appears to amplify the size of the hole making it more visible and therefore much easier, and faster to thread. Keep several pieces of these threading helpers your sewing machine and in your sewing cache or worktable for easy access.

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### Threading Helpers