

09/2011 Dirndl Plus Size

By: burda style magazine

<http://www.burdastyle.com/projects/092011-dirndl-plus-size>



Dirndl plus size sewing pattern. burda style magazine patterns FAQ

Materials

Embroidered doupion silk , Washed linen, plain doupion silk

Step 1 — Preparation



Paper cut for ANSI A (German DIN A4) prints:

This pattern is printed on 8.5 × 11 sheets of plain paper. Do not scale or center pages before printing. Wait until all sheets are printed out before beginning to tape them together. **Do not cut out pattern pieces yet**— Arrange the sheets on a large, hard, flat surface so that they fit together, matching up like numbers and letters (i.e. 6A to 6A). To tape pattern together, fold under the margin of one piece (6A) and tape right against the line of it's matching number/letter (6A).

burda style magazine pattern do not have seam allowance included.

Seam and hem allowances to be added: Seams and edges 1.5 cm (5/8 in).

see example here: <http://www.burdastyle.com/projects/072011-jumpsuit/instructions/1>

Step 2 — Cutting out



Dress

Embroidered doupion silk:

21 centre front 2x

22 front middle piece 2x

23 side front 2x

24 centre back 2x

25 side back 2x

b) fastening underlap, 36 cm (14 1/4 ins) long, finished length 18 cm (7 1/8 ins), 5 cm (2 ins) wide.

Linen:

a) 2 skirt panels, 130 — 130 — 135 — 140 — 140 cm (51 1/4 — 51 1/4 — 53 1/4 — 55 1/4 — 55 1/4 ins) wide, 90 cm (36 ins) long.

Plain doupion silk (lining):

pieces 21 to 25.

c) bias strip for piping, a total of 350 cm (138 ins) long, 3 cm (1 1/4 ins) wide (incl. allowances).

Interfacing: See pattern layout.

Apron

Plain doupion silk:

d) apron, 90 — 95 — 95 — 100 — 100 cm (36 — 38 — 38 — 40 — 40 ins) wide, 92 cm (36 1/4 ins) long, incl. 12 cm (4 3/4 ins) for the hem,

e) waistband, 132 cm (52 ins) long, 12 cm (4 3/4 ins) wide, finished width 6 cm (2 3/8 ins),

f) right sash, 115 — 115 — 120 — 120 — 125 cm (45 1/4 — 45 1/4 — 47 1/4 — 47 1/4 — 49 1/4 ins) long, left sash, 90 — 90 — 95 — 95 — 100 cm (35 1/2 — 35 1/2 — 37 1/2 — 37 1/2 — 39 1/2 ins) long, each 16 cm (6 3/8 ins) wide.

Step 3 — Dress - piping

Fold bias strip in half lengthwise, wrong side facing in. Lay cord within the fold. Use the zipper foot of your sewing machine to stitch close to piping cord.

Step 4 — Baste piping

On the bodice, baste piping tape along section seam lines on side front and back pieces so that piping cord lies on garment piece, next to marked seam line. Stitch piping tape to seam allowances, next to seam line. On front middle pieces, baste piping tape along front section seam edge, and stitch.

Step 5 — Center back seam

Stitch centre back seam. Press seam allowances open. Stitch back section seams. Stitch centre fronts to front middle piece. Stitch side fronts to front middle piece. Press section seam allowances toward centre — piping points to the side.

Step 6 — Shoulder seams

Stitch shoulder seams. Press seam allowances open.

Step 7 — Neck

Baste piping tape to front and neck edges so that piping cord lies on garment piece, next to marked seam line. At front corners of neck edge, clip piping tape up to cord and make a small fold in the cord. Stitch piping tape to seam allowance.

Step 8 — Bodice lining

Stitch centre back seam, section seams, and shoulder seams of bodice lining. Pin lining right sides together with fronts and back.

Stitch along front edges, exactly from seam line at lower edge, and neck and armhole edges. Trim seam allowances and clip curves close to stitching. Turn fronts and back by pulling fronts into back through the shoulder tunnels. Press seamed edges.

Step 9 — Lining

At right armhole, turn lining up. Stitch right side seam of bodice and lining as continuous seam. Turn lining down again.

Step 10 — Skirt

Stitch right side seam of skirt. Pin pleating tape to upper edge of skirt, on wrong fabric side, directly next to marked seam line. Stitch upper and lower edges of pleating tape in place and also stitch between the drawstrings. Pull bottom drawstring to a width of 90 — 94 — 100 — 106 — 112 cm (35½ — 37 — 39½ — 41¾ — 44¼ ins) and pull top drawstring to a width of 85 — 89 — 95 — 101 — 107 cm (33½ — 35 — 35½ — 39¾ — 42¼ ins). Pull remaining drawstrings

accordingly. Knot ends of drawstrings.

Step 11 — Skirt and bodice

Lay front edges of fronts together and baste with herringbone stitch. Stitch skirt to bodice, not catching lining. Clip seam allowances 3 cm (1 1/4 ins) to each side of centre front. Press seam allowances of skirt joining seam onto bodice but between clips, press onto skirt. For the zip slit, measure 21 cm (8 3/8 ins) down from skirt joining seam and mark end of slit.

Step 12 — Lining and zip

Turn lining at left armhole up again. Sew invisible zip to left side edges, between slit marks. Leave top ends of zip tapes loose. Stitch left side seam from lower edge to zip and from slit mark on lining to zip. Turn lining down, turn edge under, and sew to zip tapes. Lay lower edge of lining flat over skirt joining seam. Stitch from right side of garment along seam, catching lining edge.

Step 13 — Underlap

Fold fastening underlap piece to half the length, right side facing in. Stitch along long edges. Turn underlap right side out and press. Mark centre. Lay underlap under fronts, matching centres, and pin. Stitch open end of underlap to seam allowance of skirt joining seam. Sew underlap to inside of left front by hand. Undo basting at front edges.

Step 14 — Hem allowance

Press hem allowance to inside and stitch 3 cm (1 1/4 ins) from lower edge.

Step 15 — Eyelets

Sew the lacing eyelets to the centre fronts as marked. Lace with velvet ribbon.

Step 16 — Apron

Press allowances on side edges of apron to inside, turn in to 1.5 cm (5/8 in) wide, and stitch. Press hem allowance to inside, turn in and stitch 11 cm (4 3/8 ins) from lower edge.

Step 17 — Pleats

Fold the apron piece in half and mark the centre front. On upper edge of apron, mark 5 pleats on each side of centre, beginning with one inside pleat fold. Depth of pleats = 5 cm (2 ins); pleat width = 3 cm (1 1/4 ins). Fold the pleats and baste. Pleat folds meet at centre of apron (i.e. inverted pleat).

Step 18 — Sashes

Stitch the waistband to upper edge of apron, matching centres and leaving side edges of apron extending equally. Stitch the wider sashess (f) to ends of waistband, matching centres. The longer sash is on the right and the shorter sash, on the left. Fold the sashes lengthwise, right side facing in. Lay template on end of each

sash and mark slanted seam line then mark seam line evenly, 6 cm (23/8 ins) from fold edge. Stitch along lines and stitch lower edges of waistband together, up to waistband joining seam, turning allowances down at waistband joining seam to do so. Trim seam allowances, trimming corners diagonally. Turn sashes right side out. Turn in inside edge of waistband and sew to joining seam.

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