

Tutorial: Attaching and Joining Double Fold Bias Binding

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<http://www.burdastyle.com/techniques/tutorial-attaching-and-joining>



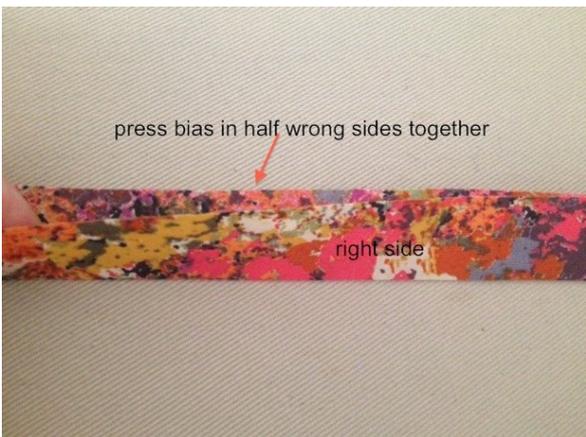
In preparation for the release of our latest Tessuti Pattern – Valerie Top. I thought I'd post a step-by-step tutorial on how to sew and join together bias binding. This tutorial is included in the sewing instructions, but here I've added extra images and you can see them in colour. Click on any of these photos for more detail. In our latest patterns we've recommended using a double fold bias binding (cut in self fabric). This is similar to double-fold french binding that is used to bind quilts, but for garments the binding is much narrower. Obviously this sort of bias binding sewn on the double, only works in finer fabrics like lightweight cottons, linens, silks etc. I love this method of binding, it's easier and gives a nicer finish. It can be used for narrower inside edge binding (as shown here) or for wider bindings to edge both the inner and outer garment.

Step 1 — Armhole and neckline edges



Secure neckline and armholes with either vilene shields or stay stitching.

Step 2 — Double fold binding



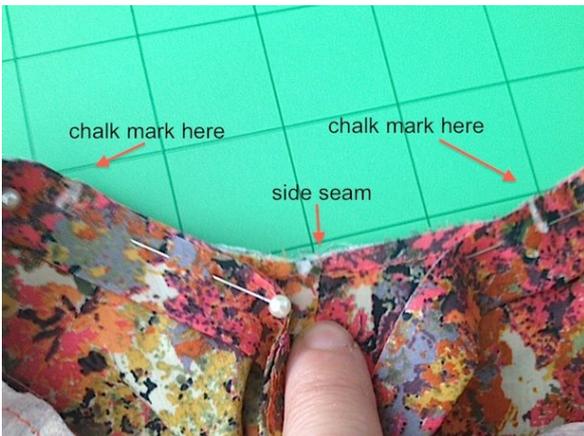
Press armhole and neck bindings in half lengthways (wrong sides together), taking care not to stretch when pressing.

Step 3 — Armhole Binding



Pin raw edges of binding to armhole edges, making sure to leave a generous tail of binding evenly at both ends, at either side of side seam. NOTE: For Neckline Binding - Repeat all the steps for armhole binding, but for the neckline binding, leave the binding tails near one shoulder seam.

Step 4 — Armhole Binding edge near side seam



After pinning binding around armhole edges, place a chalk mark onto the binding approx 2-3" away from the side seam.

Step 5 — Start to sew (part of) armhole binding on



This is where you will start to sew the binding on and finish at chalk mark at other end. Make sure to sew $\frac{1}{4}$ " seam allowance.

Step 6 — Marking side seam onto bias tails



Next, take one tail of bias binding and align with side seam, pin in place. Mark seam point with a chalk mark on binding. Repeat with other tail.

Step 7 — Nick/Cut your chalk mark near edge



Make a straight and small scissor nick at the chalk mark

Step 8 — Nick/Cut your chalk mark near edge - part 2



Making sure to also catch the other side of folded binding at the exact same point.

Step 9 — Chalk mark nicks



Open up your folded binding tape and run a chalk mark down from nick to nick on the wrong side of the binding. Repeat on other tail.

Step 10 — Joining the binding tails: Overlap bindings



With right sides together, overlap the opened bindings over each other at these nick/chalk markings. Make sure that the chalk marks (see yellow chalk mark) align with the centre fold crease on the binding. Check that the other side looks the same. Pin together as shown in photo above.

Step 11 — Joining the binding tails: Where to sew when joining binding



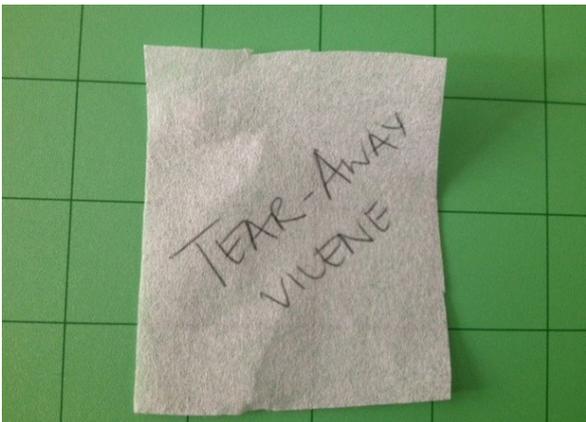
Diagonally across the bindings is where you will stitch and join together the binding (see white chalk mark on photo).

Step 12 — Joining the binding tails: Where to sew when joining binding



Stitch in the direction of pin, as shown in photo.

Step 13 — HANDY TIP for joining bias strips together



Before joining the bindings together, you can place a small square of tear-away Vilene behind this area. This is particularly useful in keeping bindings secure and stable, especially when sewing soft voiles, georgettes or silks.

Step 14 — HANDY TIP for joining bias strips together



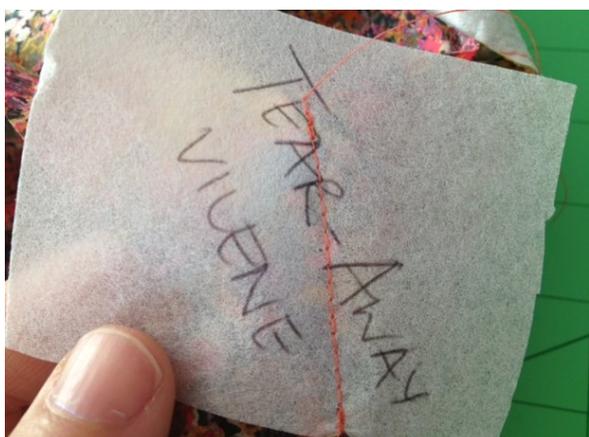
Simply cut out a Vilene square (big enough to cover your area) pin together behind bindings

Step 15 — HANDY TIP for joining bias strips together



... and sew

Step 16 — HANDY TIP for joining bias strips together



this is what the other side will look like. Neat isn't it?

Step 17 — HANDY TIP for joining bias strips together



Tear away Vilene when finished.

Step 18 — Trim back excess binding tails



Trim back the excess tails...

Step 19 — Trim back excess binding tails



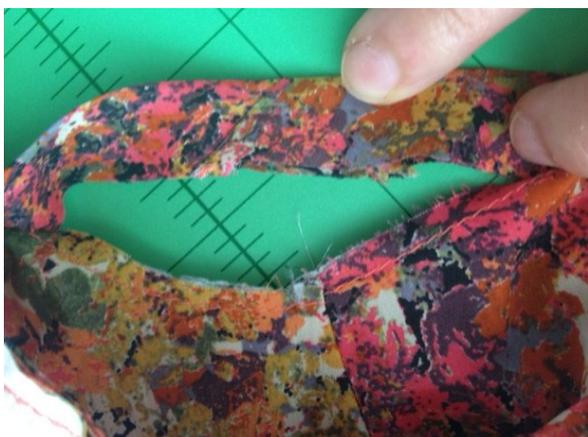
leaving a ¼" seam allowance near your stitches and press seam open.

Step 20 — What your joined binding should look like



Now that the binding is joined correctly, you should have a continuous binding tape with a diagonal seam.

Step 21 — repress joined binding



Repress the binding in half.

Step 22 — Pin joined binding back to armhole edge



Pin this to the rest of armhole edge near side seam.

Step 23 — Tear away vilene shields



Tear away Vilene shields around armholes and neckline.

Step 24 — Edge stitch inside edge of binding



Turn binding out ...

Step 25 — Edge stitch inside edge of binding



... and pin stitch edge of binding, catching neck seam at back.

Step 26 — Turn in binding to wrong side of garment and pin



Lastly, pin binding evenly around neckline and armholes on wrong side of garment ...

Step 27 — Stitch binding in place



and edge stitch bottom edge of binding.

Step 28 — You're done!



This will create your topstitch detail around neckline and armholes on the right side of garment. Admire your beautiful self binding work!

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