

07/2011 Jumpsuit

By: burda style magazine

<http://www.burdastyle.com/projects/072011-jumpsuit>



Jumpsuit burda style magazine patterns FAQ [Updated 1/17/2012] — Please note that the instructions for this project have been revised.

Materials

Stretch jersey

Step 1 — Preparation



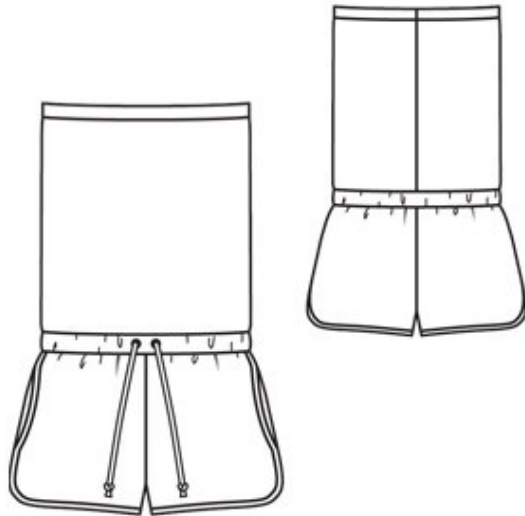
Paper cut for ANSI A (German DIN A4) prints:

This pattern is printed on 8.5 × 11 sheets of plain paper. Do not scale or center pages before printing. Wait until all sheets are printed out before beginning to tape them together. **Do not cut out pattern pieces yet—** Arrange the sheets on a large, hard, flat surface so that they fit together, matching up like numbers and letters (i.e. 6A to 6A). To tape pattern together, fold under the margin of one piece (6A) and tape right against the line of it's matching number/letter (6A).

burda style magazine pattern do not have seam allowance included.

Seam and hem allowances to be added: Seams and edges 1.5 cm (5/8 in).

Step 2 — Cutting out



Trace the pattern pieces, following the lines for your respective size on to a separate paper. Cut these pieces out, lay them on fabric and cut according to the following;

In the main material (stretch jersey)

Pattern piece number 1 – Bodice, cut on fold x1

Pattern piece number 2 – Front shorts piece, cut x2

pattern piece number 3 – Back shorts piece, cut x2

pattern piece number 4 – Front pocket piece, cut x4

Also draft yourself and cut the following pieces (not on the pattern sheet);

a) Top edge band for bodice (plus seam allowance):

sz 34: 70 × 5 cm (27 3/4 × 2 in)

sz 36: 74 × 5 cm (29 1/4 × 2 in)

sz 38: 78 × 5 cm (30 3/4 × 2 in)

sz 40: 82 × 5 cm (32 1/2 × 2 in)

sz 42: 86 × 5 cm (34 × 2 in)

b) Front waistband pieces (plus seam allowance)

sz 34: 38 × 3 cm (15 × 1 1/4 in)

sz 36: 40 × 3 cm (15 3/4 × 1 1/4 in)

sz 38: 42 × 3 cm (16 1/2 × 1 1/4 in)

sz 40: 44,5 × 3 cm (17 1/2 × 1 1/4 in)

sz 42: 46,5 × 3 cm (18 1/4 × 1 1/4 in)

c) Back waistband pieces (plus seam allowance)

sz 34: 43 × 3 cm (17 × 1 1/4 in)

sz 36: 44,5 × 3 cm (17 1/2 × 1 1/4 in)

sz 38: 46,5 × 3 cm (18 1/4 × 1 1/4 in)

sz 40: 48,5 × 3 cm (19 1/8 × 1 1/4 in)

sz 42: 50 × 3 cm (19 3/4 × 1 1/4 in)

d) Binding strips for side front edges, hem edges, and slits of shorts, cut two of the following dimensions (including seam allowance);

sz 34: 93 × 4 cm (36 3/4 × 1 5/8 in)

sz 36: 97 × 4 cm (38 1/4 × 1 5/8 in)

sz 38: 102 × 4 cm (40 1/4 × 1 5/8 in)

sz 40: 106 × 4 cm (41 3/4 × 1 5/8 in)

sz 42: 110 × 4 cm (43 1/2 × 1 5/8 in)

Step 3 — Back seam

Fold bodice piece with right side facing in and stitch along the back seam.

Step 4 — Top edge band on bodice

Fold the band double right side facing each other, lining the short edges (center back) up towards each other and stitch this edge together to the middle of the band, leaving seam on half of the band open to insert elastic but finish the seam on the seam allowance part on this side too (you just need a small opening for the elastic). Press seam allowances open.

Fold band in half lengthwise with the wrong side facing in and press. Pin and stitch the long edges of the band to upper edge of the bodice, stretch band evenly to fit the bodice. Make sure the center back seam on the band is lining up with the center back seam on the bodice.

Press the seam allowance down. Insert the elastic band through the opening along the center back seam of the band. Sew the ends of the elastic together for a circumference of;

size 34: 66 cm / 26 in

size 36: 70 cm / 27 3/4 in

size 38: 74 cm / 29 1/4 in

size 40: 78 cm / 30 3/4 in

size 42: 82 cm / 32 1/2 in

Step 5 — Leg seams

Lay front pant pieces to back pant pieces together with the right side facing each other and stitch the inside leg seam (starting from marking 2 on pattern down to the hem line. Press the seam allowances open.

Step 6 — Pockets

Lay front pocket piece in place on short front pieces according to markings on pattern. Lay wrong sides facing. Pin and tack side edges of pocket pieces in place, next to marked seam line.

Place the back pocket pieces on the marked placement on the back short pieces, right sides facing each other, and stitch in place. Turn pocket pieces over joining seams, toward the side and press

Step 7 — Seam allowances

Trim away seam allowances on side edges of shorts front pieces and along edges of slits and hem, ending on shorts back pieces, 1 cm (3/8 in) below lower seam mark. Then trim diagonally toward edge of seam.

Step 8 — Bind edges

Fold the binding strips in half lengthwise and pre-press the binding. Fold binding strips in half lengthwise and press, right side facing out. Unfold strips again. Turn both long edges toward the pressed fold, one after another and press again.

Pin the binding along the edges of the shorts on the right side, that are being binded and stitch in the first fold on binding strip. Fold the binding strip over around the edge of shorts to the back and pin in place. Edge stitch down close to edge of binding.

Step 9 — Side seams

Pin shorts fronts to shorts back to meet abutting lines. Stitch from upper edge of pocket opening. Below pocket opening, stitch up to seam mark (seam number 1), along line of previous stitching for binding. Stitch pocket pieces together. Tack upper pocket edges to wrong side of shorts fronts.

Step 10 — Crotch seam

Pull one of the shorts leg into the other, right sides facing each other. Line up the crotch seam and pin in place and then stitch along the crotch, the center front and center back, as one continuous seam. Press seam allowances from upper edges to beginning of curve. Do not press allowances flat along curve.

Step 11 — Waistband

Mark the center front on outer front waistband piece. For the drawstring, work two slits (like buttonholes), each 1 cm (3/8 in) long. Work slits 2 cm (3/4 in) to each side of center front and 1,5 cm (5/8 in) from long edge of waistband. Before working slits, iron small pieces of interfacing to wrong side of fabric, as reinforcement.

Lay each front waistband piece on back waistband piece, right sides facing for outer waistband and wrong sides facing for inner waistband. Stitch both side seams on outer waistband. Stitch only one side seam on inner waistband, leaving other seam open to insert elastic. Press allowances on ends of inner waistband to inside, Pin outer waistband to lower edge of bodice, right sides facing and pin inner waistband to bodice, wrong sides facing. Stitch together, stretch bodice to fit. Press waistband pieces down.

Stitch outer waistband pieces to upper edge of shorts. press allowances onto waistband.

Lay inner waistband flat over joining seam. Stitch from right side, along line of seam. Pull elastic through waistband, sew ends together for the following circumference;

size 34: 66 cm / 26 in

size 36: 70 cm / 27 3/4 in

size 38: 74 cm / 29 1/4 in

size 40: 78 cm / 30 3/4 in

size 42: 82 cm / 32 1/2 in

Step 12 — Drawstring

Pull drawstring cord through slits and along waistband, using a safety pin as bodkin. Tie knots on the ends of cord to make sure they can't get through the slits.

BurdaStyle

07/2011 Jumpsuit