Balanced dart

By: TANJA TOMAZIN

http://www.burdastyle.com/techniques/balanced-dart
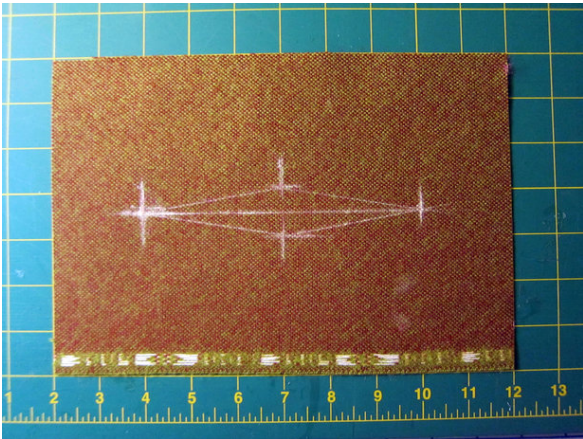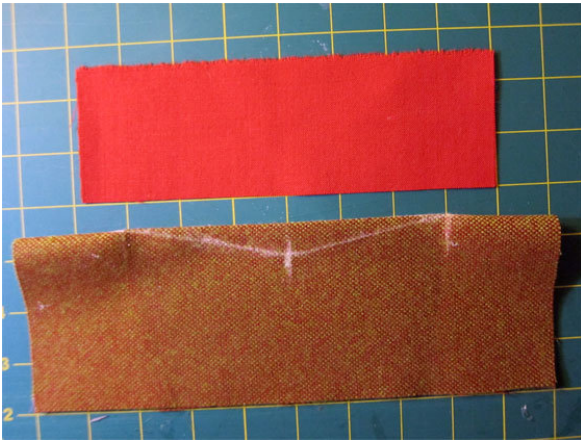

A balanced dart helps distribute fabric evenly on both sides of the dart stitching line making the dart less conspicuous. This is a great technique for many medium- to heavyweight fabrics, especially wool, and works great for many different types of darts. The following sample is made on a green tweed swatch with a contrasting red wool, for demo purposes. I would love to hear your feedback and comments!
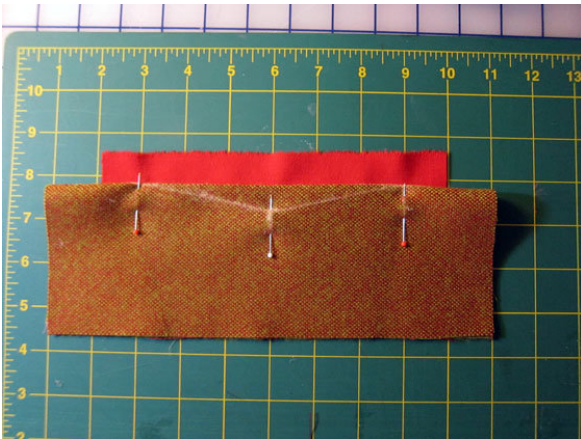
Step 1 — Trace the dart

trace the dart onto the fashion fabric

Step 2 — Prepare the dart and a bias strip

Fold the dart (you can baste the dart if the fabric is difficult to handle). Cut a strip of the same fabric (here, for demonstration purposes, I am using contrasting wool)

Step 3 — Place the strip under the dart

Place the bias strip under the dart, so its center aligns with the dart stitching line. Pin the strip to the dart to prepare for stitching. Alternatively, you can also baste through all layers.
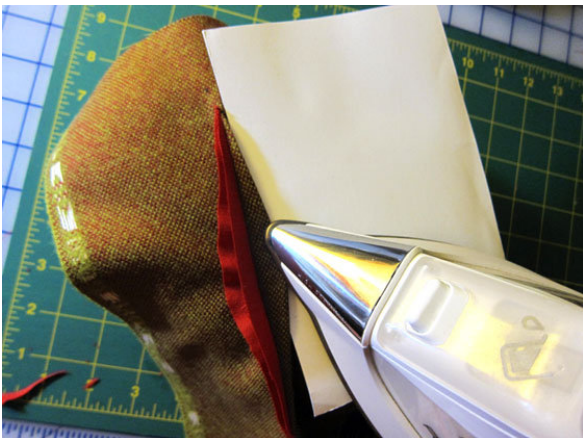
Step 4 — Stitch the dart

Stitch the dart through the bias strip. Secure the thread ends on both sides of the dart by tying a knot, or by making a few more stitches on the bias strip.

Step 5 — Trim the bias strip

You can now cutoff excess fabric from the bias strip, so its shape is similar to the dart

Step 6 — Press the dart

Press the dart and, then, the strip over a tailor's ham placing heavy paper, or brown paper strip, between the layers to avoid leaving an impression on the right side of fabric.

Step 7 — Remove basting threads (if any) and finish

If you basted the dart you can now remove the basting. That's it!

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