# **French Bias Binding Tutorial!**

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http://www.burdastyle.com/techniques/french-bias-binding-tutorial



There are lots of great tutorials out there for working with bias binding. One of my favorite ways of using bias binding on a neckline or an armhole is doing the french bias binding method. In this method, the bias strip (usually 2" wide) is folded in half when attached and therefore a double thickness of fabric. There are two ways to attach the binding: 1) Topstitch or blind slip stitch from the front 2) Stitch in the Ditch from the front I'm going to show you how to do the topstitching method and then explain the stitch in the ditch method! This and other tutorials on my blog

#### Step 1 — Materials



I'll be working here with a neckline sample and the 2" wide bias tape. This is also one of the best ways IMO to bind a quilt.

#### Step 2 — Machine Stitch Bias Binding



Fold bias tape in half, WRONG sides together. Match the raw edges of the folded bias tape to the raw edge of the WRONG side of neckline. Sew a 1/4" seam around the neckline. I am assuming that the Seam Allowance for the neckline is 1/4." You may have to cut down the SA if you are using a commercial pattern.

#### Step 3 — Pressing



Press the bias binding and the seam allowances up.

#### Step 4 — Fold over Bias Binding



Fold the binding over to the right side just covering up the line of stitching.

## Step 5 — Pin



Pin in place (If you are really good at sewing or it is a stable fabric, it's unnecessary).

## Step 6 — Topstitch/Edgestitch from the Right Side



Edge stitch the binding (stitch very close to the folded edge) from the Right side and you are done! You can also hand stitch the binding down using a slip stitch (a blind stitch in which you stitch about 1/4" in the fold

or tunnel of the binding, then take a small 1-2 thread "bite" of the main fabric, then continue back into the fold).

#### Step 7 — Alternative All Machine French Bias Binding Sewing

Okay so the other way you can do this is: 1) Fold bias tape in half, wrong sides together. Match the raw edges of the folded bias tape to the raw edge of the RIGHT side of neckline. Sew a 1/4" seam around the neckline. 2) Press the bias binding and the seam allowances up. 3) Fold the binding over to the WRONG side just covering up the line of stitching. 4) Pin in place. 5) Stitch in the ditch from the RIGHT side catching the folded over bias tape on the back. Hope this all made sense! Happy Sewing!

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