"Fiskars Unzipped" Frayed Cutout Applique

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http://www.burdastyle.com/techniques/fiskars-unzipped-frayed-cut



You can use this technique on t-shirts, pillows, or anything else you can think of. This tutorial was for a Valentine's Day shirt for my daughter, but I have made a t-shirt for me with a rose design.

Step 1 — Finished Product



This is how it turns out!

Step 2 — Measure Design Area



Find a shirt or other item that you want to use. Measure to see how big your applique needs to be.

Step 3 — Draw/Print Image



Draw or print out an image in the correct size. You can use a photo editing software to resize the image to the correct size that you measured above. I use Photoshop Elements but you can you Picassa, which is free. Make sure that the lines are dark.

Step 4 — Fabric



For this type of applique, I use a piece of gauze fabric. This fabric is the best for this sort of thing. You will want to use a light color so you can trace your image, unless you have a light box, or I guess you could tape it on a window...but that is too much work for me, so I use white or cream.

Step 5 — Trace Image



Trace the lines of your image onto the gauze. I used a disappearing ink fabric marker, but you can also use pencil.

Step 6 — Cut/Pin



Cut out your image and pin onto the shirt.

Step 7 — Sew



Step 4 — Fabric

Step 8 — After Sewing



This is what it will look like when you are done.

Step 9 — Cut



Cut on both sides of your stitches, about 1/8th of an inch away from stitching.

Step 10 — Clip Corners



Clip into corners

Step 11 — Cut Threads



Cut threads on inside of shirt

Step 12 — After Cutting



This is what it will look like when finished cutting

Step 13 — Wash and Dry



When you are at this point, just wash and dry your shirt, which frays the gauze and shrinks it up. You may need to wash and dry twice to get the best effect. If you have any thick parts that look funny, after the first wash/dry cycle, just clip a little closer, and it should come out fine. Have fun, there are so many things you can do!

Step 14 — More Finished Product



Shirt in Action

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