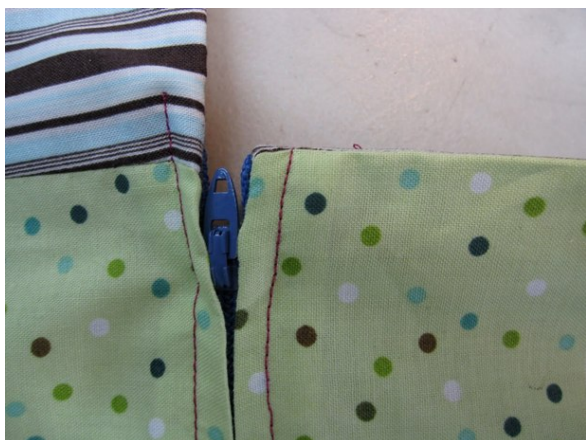


# Stitch Dictionary: Understitch

By: SewHappyClothes

<http://www.burdastyle.com/techniques/stitch-dictionary-understitch>

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What it is: An extra seam on the inside of a facing to help hold everything in place. Uses: Holding facings in place. Check out more techniques at: <http://sewhappyclothes.blogspot.com/search/label/Techniques>.

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## Step 1 — Attach facing



Put the facing (or other piece that will need to be understitched) on your garment by sewing right sides together, pressing the seam allowance up towards the facing.

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## Step 2 — Understitch



Stitch 1/8" above the seam line, through the seam allowance and facing.

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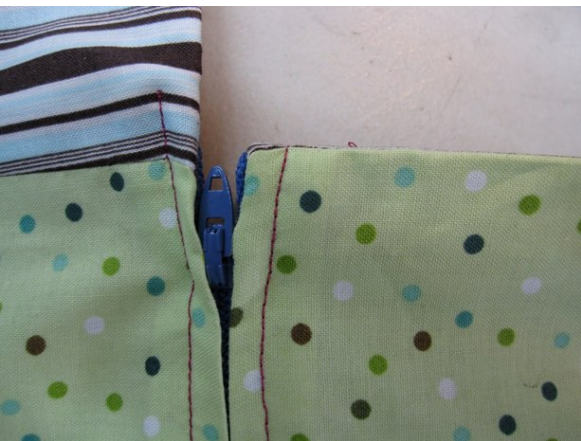
### **Step 3 — Fold and press**



Fold the facing down over the garment and press.

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### **Step 4 — Turn to right side.**



The stitch line will only be visible on the facing and not the outside of the garment. If desired, add an edge stitch to hold everything in place.

