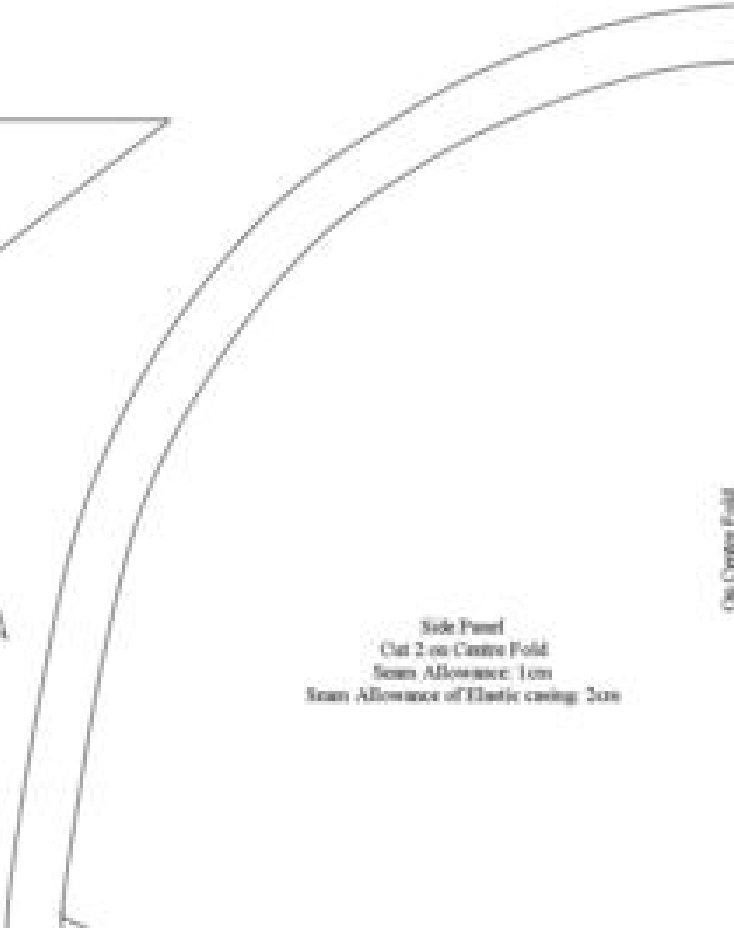


# Roller Derby Helmet Covers

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<http://www.burdastyle.com/projects/roller-derby-helmet-covers>

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I was asked to design and create helmet covers for my sister's Roller Derby Team I think they call them Panties? Basically it is just a hat that covers any type of skater helmet. For Roller Derby there is one team member called the Jammer – she scores the points. Her Hat is special as it has a star on each side so the Ref can identify her on the track. All the other girls can have either Plain or striped helmet covers. Pictures to come Soon

## Materials

Lycra, Spandex or anything with a four-way stretch must be used as this will create the tight security around the helmet Elastic is also used in the casing on the brim to fit tightly over and under the helmet.

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### Step 1 — Cutting Out

The layout of you material is important when cutting out the pieces of the pattern.

As you require two Side Panels and they need to be cut on the centre fold you need to ensure you have four layers at one end.

Start of with one piece of 1mx1m, bring the corners from your left over the right side corners and fold together. Then taking the corners in front of you fold into the middle of the material.

Now you will be able to pin your Side Panel pattern to the four layers of material, having two centre folds.

Place the Middle Panel pattern on the centre fold along. And the Star in the remaining space

Cut out as normal

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### Step 2 — Sewing Together

Life is much easier if you tack and sew the Star on first.

I believe tacking is imperative as the type of material you will be using does not behave most of them time!

Tack the star in place on the Side Panels and sew using a very wide, tight zig-zag. The zig-zag stitch means you don't have to fuff with edges and brings a bit of original style to the cover.

Tack or Pin the Side Panels to each side of the Middle Panel. And Sew.

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### Step 3 — Double Siding the Covers

I was asked in this project to double-side – or make reversible – the Helmet covers.

If this is not necessary skip to the next step...

For this you obviously need two sets of covers complete as above.

To join them, match the brims right side to right side. Tack and Sew making sure you leave a gap.

Turn the right way round.

Now with the two covers together sew a line around the brim to for the casing for the elastic. (Dont worry about the casing line being seen – it will be hidden under the brim of the helmet)

Insert 8mm wide elastic all the way around the brim using the gap that was previously left. Finish elastic and Finish the gap.

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## **Step 4 — Finishing**

If Double-siding was not required all that is left to do is to complete the casing.

This is just a simple hem, fold and press a hem 5mm in from the edge then fold, press and sew this in again to form a 1cm casing. Do not forget to leave a gap

Insert 8mm wide elastic around the brim, Finish elastic and Finish the gap.

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