

# chudidar/leggings

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<http://www.burdastyle.com/projects/chudidar-leggings>

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this is a how- to for chudidar which is kind of an Indian version of leggings. Unlike normal leggings these are ruched at the ankles. The length is kept longer than the actual size and they are fitted at the ankle so they give a ruched effect when worn. The drafting may look scary and complicated but is actually quite easy if you follow the steps. This way you can make them according to your size. Use a stretchy material like jersey or stretch cotton or lycra so that they fit well. If you are using cotton or any other material which is not stretchy ,cut the pattern on bias grain to give your garment a stretch.

## Materials

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### Step 1



Step1- take these measurements before you start.

length from waist to ankle

Hips

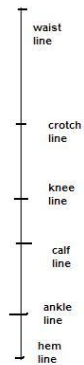
Length from waist to knee and from waist to calf

Knee round ( i.e. Thickness of your knee)

In the same way , calf round and ankle round

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## Step 2



Step2- now for the drafting part

Draw a straight line measuring the length from waist to ankle. mark the points waist line and ankle line.

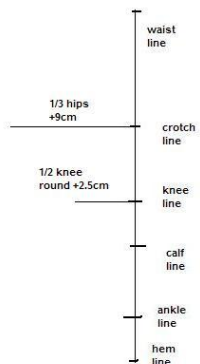
Now extend this line a further 20 cm and mark the point as hem line.

For the crotch line -take  $\frac{1}{3}$  of your hip measurement + 5cm and mark this distance from the waist line as the crotch line

Also mark the distance from waist to knee as the knee line and the distance from waist to calf as the calf line

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## Step 3

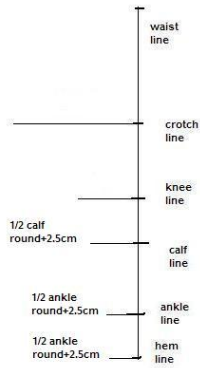


Step 3- at the crotch line draw a perpendicular line measuring  $\frac{1}{3}$  hips + 9cm

At the knee line also draw a perpendicular line which is  $\frac{1}{2}$  of your knee round measurement +2.5cm

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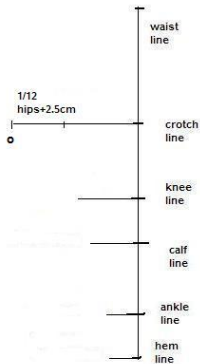
## Step 4



Step 4-in the same way draw lines at calf line measuring  $\hat{A}\frac{1}{2}$  calf round +2.5cm and at ankle line measuring  $\hat{A}\frac{1}{2}$  ankle round +2.5cm.

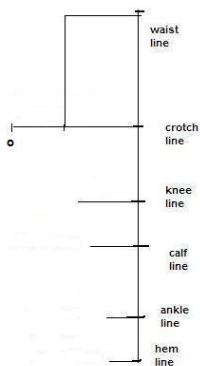
Draw a line at the hem line which is also  $\hat{A}\frac{1}{2}$  ankle round +2.5cm

## Step 5



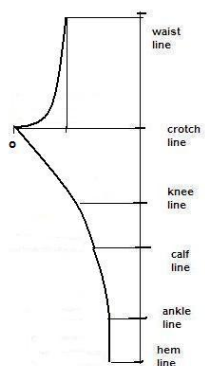
Step 5-on the crotch line mark a point o at the end of the line. Mark another point at a distance which is one twelfth of hips +2.5cm away from  $\hat{a}\hat{o}$

## Step 6



Step 6-draw a perpendicular line at this point and then square it of to the waist line.

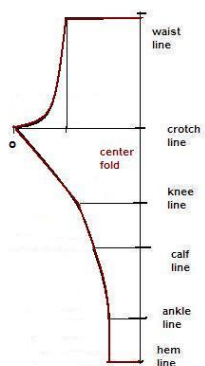
## Step 7



Step 7- join this line to o with a curve and join from o to the hem line connecting the knee , calf and ankle line.

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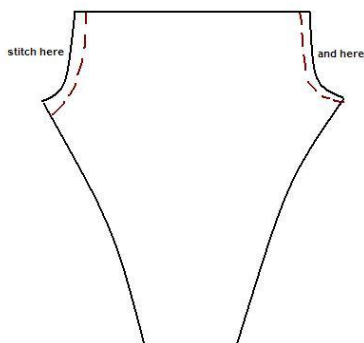
## Step 8



Step 8- cut along the red line. this is your pattern. The fabric will have a fold along the center fold line. Cut two.  
[increase the length from ankle line to hem line if you want more ruching and decrease if you want less.

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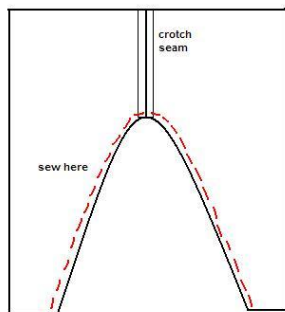
## Step 9



Step 9- sewing instructions -with right sides of both the leg pieces facing sew the crotch seams on both sides.

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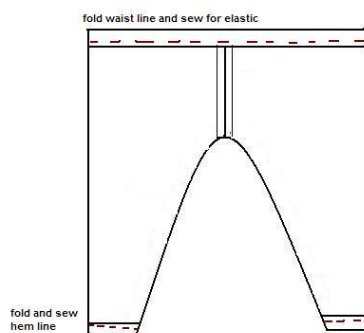
## Step 10



Step 10- open the pieces and align so that each leg is folded on the center fold line .sew the in seam from hem line to hemline.

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## Step 11



Step 11- finish the hem line by sewing a 1cm fold. At the waist line sew a 1 inch fold for elastic or draw string.

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## Step 12



this is how they will look

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**BurdaStyle**

*chudidar/leggings*