

Sadie

By: BurdaStyle

<http://www.burdastyle.com/projects/sadie>



Here is our perfect basic knit tank. We are in the middle of a wicked heat wave here in Brooklyn, and these pictures of this lovely tank top make the weather just a wee bit more bearable! So, BurdaStylers, rev up your machines and get cracking on your new summer staple. We gave a few different options for you to choose from in the pattern: "A" is the basic option (shown here), "B" is with a cowl neck, and "C" is a sweet summer dress (see our other finished project linked from this page). Have fun!

Materials

cotton knit, preferably an overlock machine

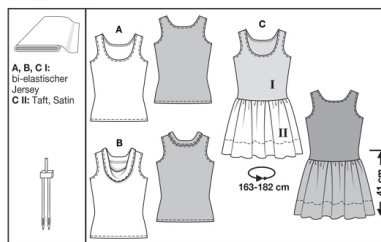
Step 1

burda Download-Pattern
Shirt/Dress 6019 - Instructions

●●□ easy
close fitting

burda sizes	55 ins / 140 cm					
	34	36	38	40	42	44
A	yds m	1 0.85	1 0.85	1 0.85	1 0.85	1 0.85
B	yds m	1 1/2 1.20	1 1/2 1.20	1 1/2 1.20	1 1/2 1.20	1 1/2 1.20
C I	yds m	1/2 0.75	1/2 0.75	1/2 0.75	1/2 0.75	1/2 0.75
C II	yds m	1 1/2 1.20	1 1/2 1.20	1 1/2 1.20	1 1/2 1.20	1 1/2 1.20

→ with nap



PATTERN

A B C 1 Front piece 1x

A B C 2 Back piece 1x

A B C 3 Strips / neckline 1x

A B C 4 Strips / armhole 2x

B 5 Front collar 1x

B 6 Back collar 1x

C 7 Front and back skirt panel 2x

C 8 Front and back facing 2x

Fabrics: A, B, C I: Stretch jersey

C II: Taffeta, Satin

Step 2

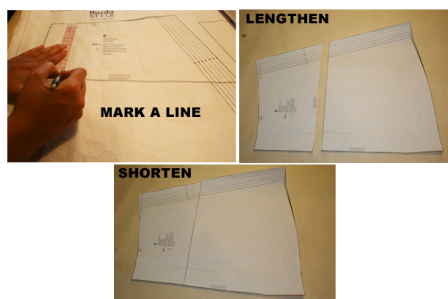


The patterns can be printed out at the copy shop. If you decide to print them at home, follow the instructions:

Paper cut for ANSI A (German DIN A4) prints:

The patterns are printed out on 20 sheets with a thin frame. Wait until all sheets are printed out. Arrange the sheets so that they fit together (see additional page with the overview of the prints). Fold the single sheets on the upper and right edge along the thin frame lines. Begin with the left lower sheet and then tape the frame lines together precisely.

Step 3



ADJUST PATTERN SIZES

Select your size according to the Burda-dimension table: dresses, blouses, jackets and coats according to the bust size, trousers and skirts according to the hip width. If necessary, change the pattern to fit your measurements if they deviate from the Burda-size chart.

Cut out the pattern according to your size.

For the SHIRT A pieces 1 to 4,

for the SHIRT B pieces 1 to 6,

for the DRESS C pieces 1 to 4, 7 and 8.

Refer to our "Adjust patterns for mixed sizes" technique

LENGTHENING OR SHORTENING THE PATTERN PIECES

Our pattern is calculated for a height of 5'6" (168 cm). If you are taller or shorter, you can adjust the pattern pieces along the lines marked "lengthen or shorten here". In this way the proper fit is maintained. Always adjust all pattern pieces along the same line to the same degree.

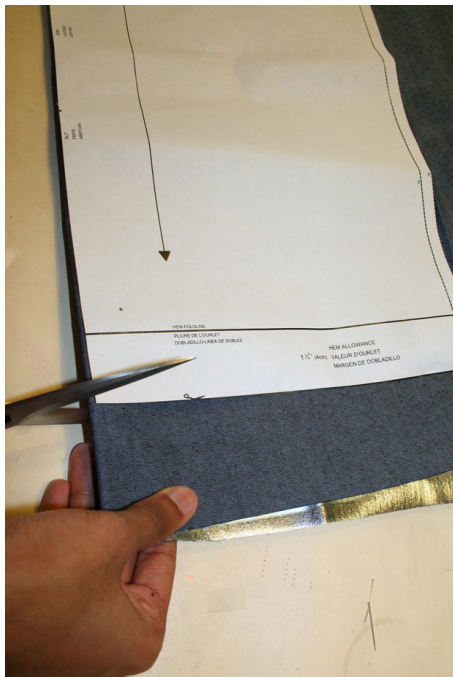
How to lengthen and shorten pattern pieces:

Cut the pattern pieces along the marked lines.

To lengthen, slide the two halves of the pattern piece as far apart as necessary.

To shorten, overlap the two halves of the pattern piece as far as necessary. Blend the side edges.

Step 4



CUTTING OUT

FOLD (↔ ↔ ↔) means: here is the center of a pattern piece but never a cut edge or a seam. The piece should be cut double, with the fold line forming the center line. Pattern pieces that are outlined with a broken line in the cutting diagrams are to be placed face down on the fabric. The cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric.

A B C – The cutting diagrams show the placement of the pattern on the fabric

For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the wrong side. The pattern pieces that are shown extending over the fold of the fabric in the cutting diagram should be cut last from a single layer of fabric. Advice: Fold both selvages to the center line of the fabric to create two fold lines. Pin the front and back piece on each side and cut.

C ↔ Fabric I, fabric II: Cut pieces 1 to 4 from fabric I, pieces 7 and 8 from fabric II; see cutting diagrams.

Step 5

SEAM AND HEMLINE ALLOWANCES are included on an average:

1 1/2" (4 cm) for the hemline, 5/8" (1.5 cm) for all edges and stitches. Using BURDA copying paper, transfer the lines and signs of the pattern onto the left fabric side. Instructions can be found in the packaging.

Sewing

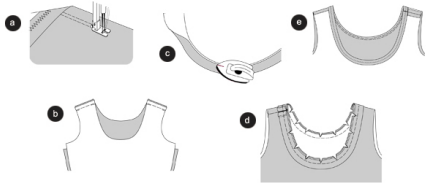
While sewing, the right fabric sides are facing.

Transfer all lines of the pattern onto the right fabric side using basting stitches

Instructions for the use of stretchable fabrics

Using an overlock machine will produce the best results with stretchable fabric. Overlocked seams stretch, so that they don't rip when wearing. If you are not able to use an overlock machine, stitch the seams with a special elastic thread or a narrow zigzag stitch. The thread tension should not be too tight. Working with knits requires a ballpoint needle for the sewing machine. Its tip won't damage the fabric.

Step 6



When stitching the edges (e.g. along the hemline), use a twin needle for the sewing machine. Stitch on the fabric's right side with two upper threads and one bobbin thread using a straight stitch adjustment. The bobbin thread comes out as zigzag stitch. In this way, the fabric won't stretch when stitching and the seam becomes elastic (a).

A

SHIRT

Shoulder seams

Position the front piece on the back piece, right sides facing. Pin the shoulder seams and stitch (seam 1). Neaten allowances and press apart (b).

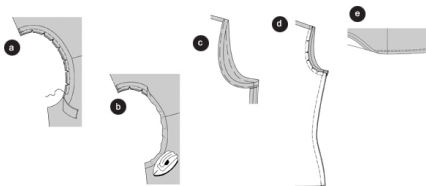
Neckline

Fold the long fabric strip (piece 3) lengthwise and press, wrong sides facing. While pressing, adjust the doubled strip to the round neckline form, so that the fold line becomes the longer outer edge ©.

Pin the strip on the neckline, right sides facing. The open edges fit to the allowance of the neckline edge. Pin the strip on the shoulder seam, further along the neckline. Make sure the neckline is not getting stretched. Fold the strip ends. Topstitch the strip 1.5 cm wide. Trim allowances and snip (d).

Fold the strips to the inside and press. Topstitch the neckline on the right side 0.7 cm wide using a twin needle, catching the strip (e).

Step 7



A

Armholes

Fold the strips lengthwise and press. Lightly press the armhole as preparation for the strip application.

Pin the strips to the armholes and topstitch $\frac{1}{2}$ " (1.5 cm) wide, the strip ends meeting the side opening. Trim the allowances narrowly, snipping in along the rounding (a). Press the strips inside the armhole (b).

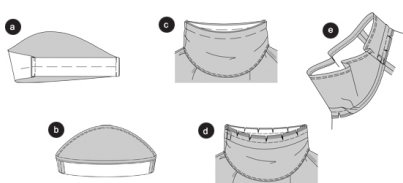
Side seams

Position the front piece on the back piece, right sides facing. Pin the side seams (seam 2), so that the strips at the armhole meet. Stitch. Neaten allowances and press apart ©. Fold the strips along the armholes inside, press (d). Topstitch the armholes $\frac{1}{2}$ " (0.7 cm) wide, using a twin needle.

Hemline

Fold the hemline allowance to the inside and press. Stitch the hemline on the right side $\frac{1}{2}$ " (1.2 cm) wide, thereby enclosing the allowance (e).

Step 8



VARIATION B – THESE INSTRUCTIONS ARE ONLY NEEDED FOR OPTION “B”, SHIRT WITH COLLAR

Stitch shoulder seams.

Collar

Position the back collar on the front collar, right sides facing. Stitch shoulder seams (seam 3). Neaten the allowances and press apart (a).

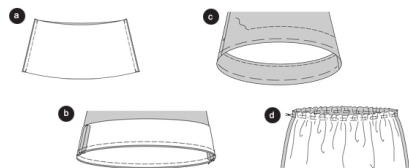
Press the allowances of the outer (round) collar edge towards the wrong fabric side. Topstitch the edge from the outside $\frac{1}{2}$ " (1 cm) wide using a twin needle, thereby enclosing the allowance (b).

Pin the collar on the neckline, right sides facing (seam 4). The seams meet the shoulder seams. Press the strip for the neckline, and stitch the neckline ©. The collar is sandwiched between neckline and strip (d).

Fold the strip inside and pin, turn the collar up and place it in between the neckline. Topstitch the neckline from the outside $\frac{1}{2}$ " (0.7 cm) close to the seam, using a twin needle, thereby topstitching the strip. Fold the collar to the outside along the fold line, hand sew it with a few stitches to the shoulder seams. Stitch the armholes like shirt A (e).

Stitch side seams and hemline.

Step 9



VARIATION C – THESE INSTRUCTIONS ARE ONLY NEEDED FOR OPTION “C”, DRESS

Skirt

Position the skirt panels together, right sides facing. Pin the side seams and stitch. Neaten allowances and press apart. Position the facings together, right sides facing. Pin the side seams and stitch. Press the allowances apart (a).

Bottom skirt edge

Pin the facing on the bottom skirt edge, right sides facing. The side seams meet. Topstitch the facing. Neaten allowances. Fold the facing inside. Baste the edge and press (b). Neaten the top edge of the facing, pin and stitch ©.

Top skirt edge

Stitch two rows of basting stitches at the top skirt edge. Leave the thread ends long. Hold the bobbin thread and gather the fabric (d). The eased width of the top skirt has to be distributed according to the following measurements:

Size 2 (EU 34): 34" (86 cm);

size 4 (EU 36): 36" (90 cm);

size 6 EU 38): 38" (94 cm);

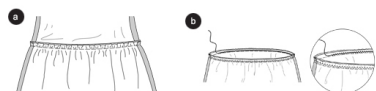
size 8 (EU 40): 39" (98 cm);

size 10 (EU 42): 41" (102 cm);

size 12 (EU 44): 42" (106 cm).

Knot thread ends. Distribute the width equally.

Step 10



VARIATION C – THESE INSTRUCTIONS ARE ONLY NEEDED FOR OPTION “C”, DRESS

Apply skirt

Pin the skirt on the lower edge of the top piece, right sides facing. The side seams meet. The top piece needs to be stretched to the width of the skirt panel. Stitch the skirt. Neaten allowances together and press (a).

TIP: To make the seam pucker again after having it stretched out for stitching, stitch a additional elastic thread on the allowance.

Position the elastic thread on the allowance of the skirt seam and fix it using zigzag stitch. Make sure that you do not stitch into the elastic thread. Tighten the elastic thread to the width of your waist. Knot thread ends (b).

See linked technique if you choose to do the applique flower detailing, shown in the option “C” images. Enjoy and have fun!!