

Heidi Prom Dress Variation

By: BurdaStyle

<http://www.burdastyle.com/projects/heidi-prom-dress-variation>



This is a beautiful prom gown that we based on our Heidi Basic Dress. Together, our Heidi Prom Dress BS-018 PDF pattern, the original Heidi 6016 PDF pattern, and our instructions give you the tools to design and sew your very own dream dress!

Materials

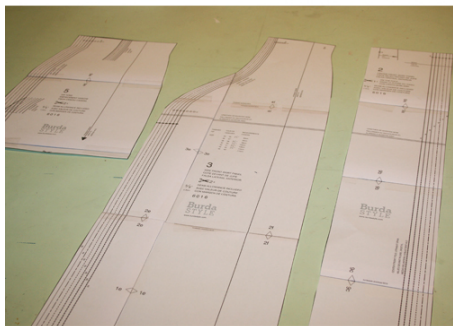
satin, tulle, trim

Step 6 — Neckline variation



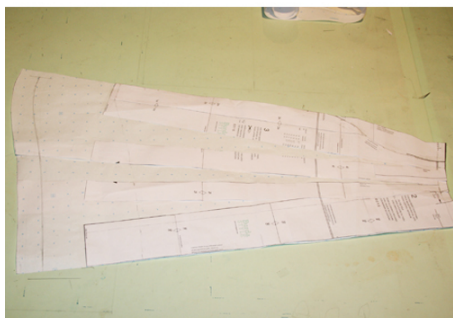
We changed the neckline. The new patterns are in the Heidi Prom Dress Variation PDF pattern BS-018.

Step 8 — Variation of the skirt patterns



We eliminated the pockets and made the front skirt into one continuous piece by combining the Center Front skirt, the Side Front skirt, and the Hip Yoke Piece from the original Heidi dress pattern. This combined pattern piece is also in the PDF BS-018 prom dress variation pattern, so you don't need to do this variation yourself.

Step 9 — Variation: Skirt extension



Now, we slash, spread and extend the skirt pieces (Pattern pieces 6 and 7) to create the long A-line skirt. Draw three lines to slash, cut to seam line, and pivot as shown. We spread to about 2.5" at the original hemline to get the fullness of our variation. If you want more or less fullness, you can play with this amount. Then, extend the length of the skirt. We wanted ours shorter in the front extending to longer in the back. You can play with this as you see fit. Just be sure the length is the same at the side seam for front and back.

Step 11 — Variation of the skirt: Layers



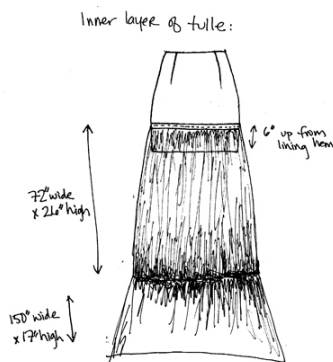
We used our adjusted skirt pattern pieces (6 and 7) for both layers of our satin skirt, just shortening the hemline on the top layer. You can choose to use two layers like we did, or one layer, and play with the stylelines of the hem(s) as you see fit.

Step 12 — Variation: Tulle layers



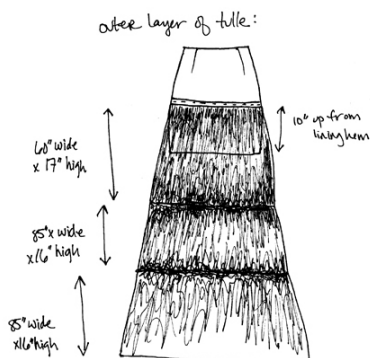
Now, time for the tulle! We will give you the measurements we used, but your measurements may differ based on the fullness of your A-line, your desired amount of poof, and the weight and stiffness of your tulle. We used two layers of tulle and attached them to the dressâ—s skirt lining with a strip of folded-over muslin stitched along the top to keep the gathering smooth.

Step 13



For the layer of tulle closest to the body (inner layer) we cut two rectangles 72â— wide x 26â— high for the top tier, and 150â— wide x 17â— high for the bottom tier. We attached this layer 6â— from the hemline of the skirt lining. We gathered the wider tier before sewing it to the shorter tier, and then gathered them more together as necessary.

Step 14



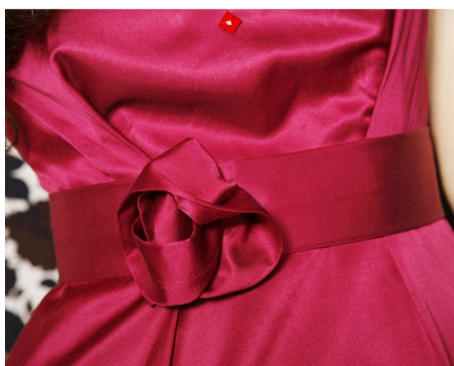
For the outer layer of tulle, we cut 2 rectangles 60" wide x 17" high for the top tier, and two tiers 85" wide x 16" high for the middle and bottom tiers. We attached this layer 10" up from the hemline of the skirt lining. We sewed the middle and bottom tier together, and then gathered until we liked the shape.

Step 15 — Variation: Drape of the skirt



At the front of the skirt, we draped by eye with quite a bit of trial and error. See what looks pretty to you, pin it, walk away, come back. Use small handstitches and keep them hidden.

Step 17 — Belt variation



For the belt, we used a simple foldover design. This is the same concept of a foldover waistband; see the first two steps of [Nayantara's project Make a Party Skirt](#) for measuring and interfacing the belt.

For the flower, we made a long tube of satin, turned it, and played until we made a flower we like. Handstitch this to the belt, and use hooks & eyes to close.

Step 18



Here are a few more suggestions for constructing this dress:

- 1.) Use a baby hem stitch at the hem. You can find instructions on this in our techniques section.
- 2.) If your fabric is not wide enough for your back skirt, you will have to piece it together. Put the panels together on the bias for a smoother, less intrusive look.
- 3.) We added sequins around the neckline to create some extra interest, there are all kinds of fun and fancy trims out there that can have a similar effect.
- 4.) Have fun and be patient! Don't start this dress a week before prom!

Step 1

**burda Download-Pattern
dress 6016 - Instructions**

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mittel normal weit

burda sizes	55 ins / 140 cm						
	34	36	38	40	42	44	46
Dress	yds 2 1/2	2 1/2	2 1/2	2 1/2	2 1/2	2 1/2	2 1/2
m	2,30	2,30	2,30	2,30	2,30	2,30	2,30
Lining	yds 1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4
m	1,45	1,45	1,45	1,45	1,45	1,45	1,45

→ with nap

II

PATTERN (6016 Heidi dress)

- 1 Front piece 1x NOT NEEDED
- 2 Front center skirt panel 1x NOT NEEDED
- 3 Front side skirt panel 2x NOT NEEDED
- 4 Pocket pouch 2x NOT NEEDED
- 5 Hip yoke piece 2x NOT NEEDED
- 6 Back piece 1x NOT NEEDED
- 7 Back skirt panel 1x YOU NEED!
- 8 Lower front belt 1x OPTIONAL
- 9 Lower back belt 1x OPTIONAL
- 10 Top front belt 1x OPTIONAL
- 11 Top back belt 1x OPTIONAL
- 12 Strip 6x NOT NEEDED
- 13 Lining for front and back skirt panels 2x NOT NEEDED

PATTERN BS-018 Prom Dress Variation

1 Front piece 1x YOU NEED!

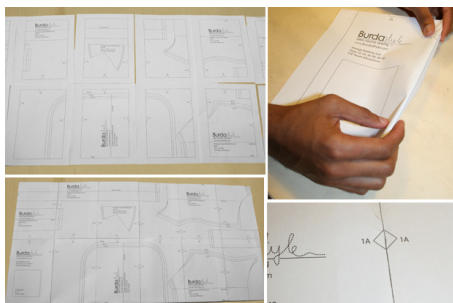
2 Back piece 1x YOU NEED!

6 Front Skirt 2x (or 4x depending on layering) YOU NEED!

Fabrics: Satin, silk, taffetta, tulle, organza, chiffons, lace

PLEASE NOTE! For the prom dress, you will only need to use pattern piece 7 from the Heidi dress pattern. You will need to print out the additional BS-018 prom dress pattern for the top front/back and front skirt patterns. You will end up modifying the skirt patterns in order to get the length and shape that you want. The belt for original Heidi dress is optional; we also show a simpler version of a belt in our instructions. You will cut your lining from pattern pieces 1, 2, 6, and 7.

Step 2

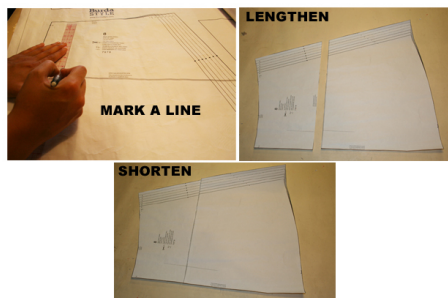


The patterns can be printed out at the copy shop. If you decide to print them at home, follow the instructions:

Paper cut for ANSI A (German DIN A4) prints:

The patterns are printed out on 40 sheets with a thin frame. Wait, until all sheets are printed out. Arrange the sheets so that they fit together (see extra page with the overview of the prints). Fold the single sheets on the upper and right edge along the thin frame lines. Begin with the left lower sheet and then tape the frame lines together precisely.

Step 3



ADJUST PATTERN SIZES

Select your size according to the Burda-dimension table: Dresses, blouses, jackets and coats according to the bust size, trousers and skirts according to the hip width. If necessary, change the pattern to fit your measurements if they deviate from the Burda-dimension table. Cut out the pattern according to your size.

Refer to our [Adjust patterns for mixed sizes](#) technique

LENGTHENING OR SHORTENING THE PATTERN PIECES

Our pattern is calculated for a height of 5'6" – 6'0" (168 cm). If you are taller or shorter, you can adjust the pattern pieces along the lines marked "lengthen or shorten here". Thus the proper fit is preserved. Always adjust all pattern pieces along the same line the

same degree.

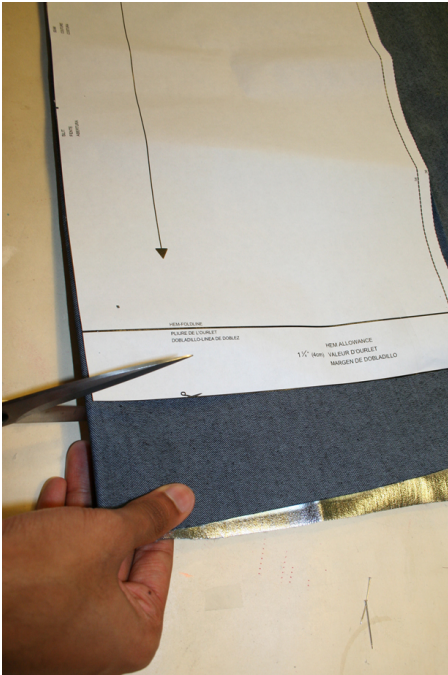
How to lengthen and shorten pattern pieces:

Cut the pattern pieces along the marked lines.

To lengthen, slide the two halves of the pattern piece as far apart as necessary.

To shorten, overlap the two halves of the pattern piece as far as necessary. Blend the side edges.

Step 4



CUTTING OUT

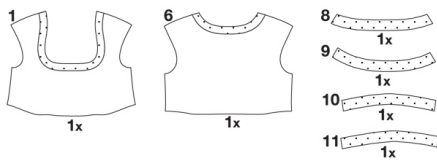
FOLD (â— â— â— â—) means: here is the center of a pattern piece but never a cut edge or a seam. The piece should be cut double, with the fold line forming the centre line. Pattern pieces that are outlined with a broken line in the cutting diagrams are to be placed face down on the fabric. The cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric (a).

The cutting diagrams show the placement of the pattern on the fabric

For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the wrong side. The pattern pieces that are shown extending over the fold of the fabric in the cutting diagram should be cut last from a single layer of fabric (b).

Step 5

INTERFACING



SEAM AND HEMLINE ALLOWANCES are included on an average:

5/8" (1.5 cm) for all edges and stitches. Using BURDA copying paper transfer the lines and signs of the pattern onto the wrong fabric side. You will find instructions in the packaging.

LINING

Cut the lining pieces for the top front, top back, and front and back skirt.

INTERFACING

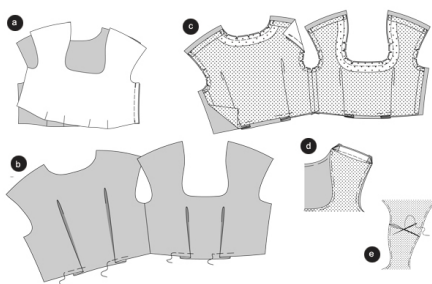
Cut out the interfacing 1 1/2" (4 cm) for the neckline pieces from top front and top back. (please note the image shows interfacing on original Heidi neckline; interfacing will differ slightly with the adjusted shape of neckline for the prom dress variation)

SEWING

While sewing the right fabric sides are facing.

Transfer all lines of the pattern onto the right fabric side using basting stitches.

Step 7



TOP OF DRESS (please note the images correspond to original Heidi dress, the new shape of the neckline is the only thing different about the pattern. You will construct the top of the dress the same way)

Right side seam

Position the front piece on the back piece, right sides facing. Stitch the right side seam (seam 1). Neaten allowances and press apart (a).

PLEATS

Position the pleats of front and back piece as shown in figure (arrow), pin (b).

TOP LINING

Stitch the right side seams of the lining so the allowances are sandwiched between the self and the lining. Press allowances apart. Pin the pleats. Press the allowances of the shoulder edges and opening edges to the inside.

NECKLINE and ARMHOLES

The shoulder seams of fabric and lining are still unstitched.

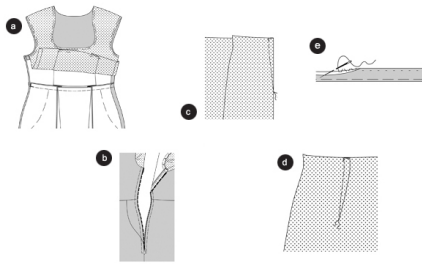
Pin the lining on the top piece, right sides facing. Pin the fabric and the lining together along the neckline and armholes, the side seams meet. Stitch the lining on the top neckline and armholes. Trim allowances, snip into the sleeve cap. Fold the lining inside. Baste the edges and press ©.

SHOULDER SEAMS

Position the front piece on the back piece, the right sides facing. Stitch the shoulder seams of the dress (seam 6), do NOT catch the lining. Trim the allowances at the seam ends in a slanting fashion. Press the allowances apart and push under the lining (d). Sew

the shoulder seams of the lining together by hand (e).

Step 10



SIDE SEAMS / LEFT OPENING

Position the front skirt panel on the back skirt panel, right sides facing. Baste the side seams (seam 4) and stitch. NOTE, stitch the left side seam from the opening to the bottom. Secure seam ends. Keep the opening basted. Trim allowances and press apart. Open the basting stitches.

TOPSTITCH THE SKIRT

Pin the skirt on the top, right sides facing. Side seams meet. The allowances along the opening stay open. Pin the skirt (seam 5) and stitch, NOT catching the lining. Trim allowances, neaten altogether and press inside the top (a).

ZIPPER

Fold the allowances along the opening to the inside.

Put the lining up. Pin the zipper under the opening edges in such a way that the little teeth are covered. Fold the strip ends at the armhole. Stitch the zipper using a zipper foot (b).

SKIRT LINING

Pin the darts and stitch in a slant. Knot the threads ©. Press the darts towards the center of the piece (d). Stitch the left side seam.

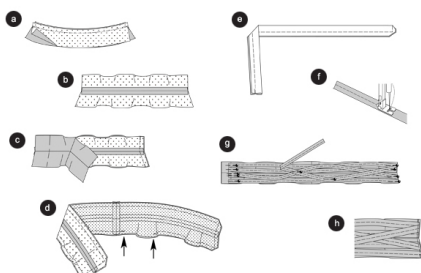
TOPSTITCH SKIRT LINING

Pin the lining skirt on the lining top, right sides facing. Side seams meet. Stitch. Press the allowances into the top. Press the allowances of the opening to the inside.

Don't attach the lining to the zipper; the volume of the tulle (see variation) will create tension between the outer skirt(s) and the lining if attached.

Neaten the hemline, fold and pin, press. Sew the hemline by hand (e)

Step 16



BELT – PLEASE NOTE THESE INSTRUCTIONS ARE ONLY IF YOU CHOOSE TO MAKE THE BELT FROM ORIGINAL HEIDI DRESS PATTERN!

Pin the top front belt on the lower front belt, right sides facing. Stitch the center seam (seam 7). Stitch the back waist pieces together in the same way (seam 8) (a). Trim allowances and press apart (b).

Position the belt pieces together, stitch the side seams. Trim allowances. Stitch the lining belt in the same way ©.

Pin the lining belt on the fabric belt. Right sides facing. Pin the edges together. The seams meet. Topstitch, thereby leaving an opening to turn the right side out (arrows). Secure seam ends. Trim allowances. Cut the edges in a slanting fashion. Turn the belt right side out.. pin the edges and press (d).

Strips

Fold the strips lengthwise, right side inside. Pin the long edges and the small edge $\hat{A}1/2\hat{a}$ — (1 cm) wide together and topstitch. Trim allowances. Turn the strips. Press. Topstitch the strips in the center (e).

Pin the strips on the belt according to your liking. Cut the long ends $\hat{A}1/2\hat{a}$ — (1 cm) next to the underlap (arrow) and neaten. Sew the strips at various spots [at intervals of $6\hat{a}$ — (15 cm)] by hand (f). Stitch the ends narrowly (g).

Close the belt through hooks and eyelets.

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