

Cindy

By: BurdaStyle

<http://www.burdastyle.com/projects/cindy>

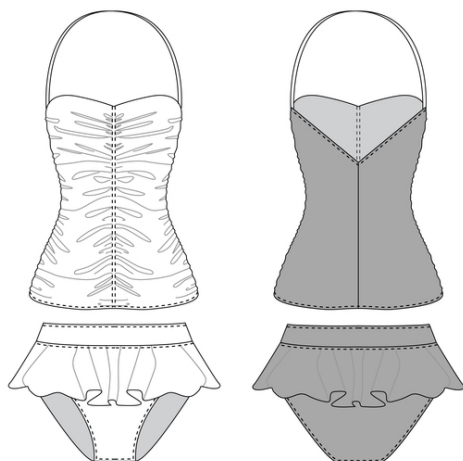


It's hot out there and all we can think of is sitting on a beach, a pool, a lake, just something to cool off our overheated minds and bodies. If vacation is still to come or you still have a week to wait till you can visit your friends at the lake house, spend the time dreaming about it, while making the hottest bathing suit around this season. This wonderful two piece suits most body types, due to its forgiving shape.

Materials

Elastic, Spandex

Step 1 — Cutting Ticket



Sizes: 32-34, 36-38, 40-42

1. Bottom-Front Cut 1 On Fold Self
2. Bottom-Back Cut 1 On Fold Self
3. Bottom-Skirt Cut 2 Self
4. Bottomâ'Protective Panel Cut 1 Self
5. Front-Body Cut 1 Self
6. Front-Body Lining Cut 1 On Fold Lining
7. Strap Cut 1 On Fold Self
8. Back Body Cut 2 Self

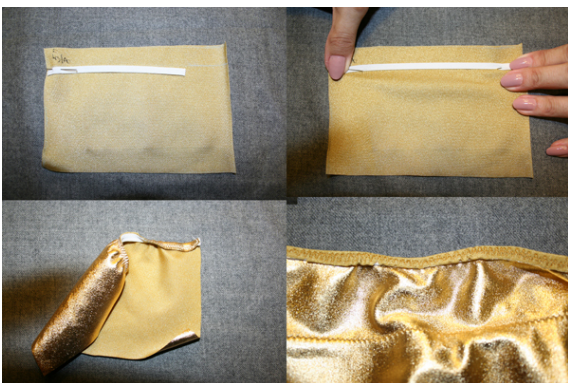
Cut out all the pattern pieces.

Step 2 — Pants



Take the bottom pieces (Pieces 1 and 2) and sew them together on the side seams.

Step 3 — Finish Edges



Insert the elastic on the top part of the bottom piece. Pin the elastic on the raw edge of the fabric and stretch elastic to match the size of the fabric and pin. Make a zig-zag stitch on the edge of elastic and fabric. Turn seam allowance over elastic and on right side

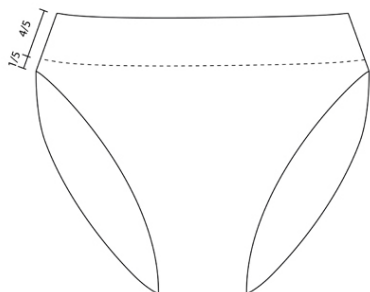
do a zig-zag topstitch.

Step 4 — Skirt



Sew the side seams of the front and back pieces of the skirt (Piece 3) and make the hem of the skirt by sewing as close as possible to the seam allowance ($\frac{5}{8}$ ”). Trim any extra fabric.

Step 5 — Attach Skirt



Measure the length of the side seam of the pants (Excluding seam allowance). Divide the measurement by five and measure $\frac{4}{5}$ down from the top seam (Excluding seam allowance). Mark that measurement around once around. Place the skirt with the skirt right sides facing onto the pants, the inner circle should match up with the marking, the bottom of the skirt should face upwards. Pin and stitch. Flap the skirt down after attaching it.

Step 6 — Crotch



Join the bottom pieces (Pieces 1 and 2) by the crotch seam and sew in the protective panel (Piece 4).

Step 7 — Finishing Leg Holes



Add elastic around leg holes by folding at seam allowance (5/8â) and trimming any extra fabric. (See Step 3 for instructions on how to sew elastic)

Step 8 — Gathers



Take Front Piece (Piece 5) and make rows of baste stitches in the center. Repeat it on the sides seams of the Front piece.

Step 9 — Gathers 2



Pull the baste stitches and gather. Then pin the Front Piece to the Lining Piece along the gathering (Piece 6) on the center and side seams.

Step 10 — Lining



Place the Top Front Piece with right sides facing on the lining piece and sew along the top. Take out the pins of the center gathering, turn over to the right side and topstitch along the top.

Step 11 — Side Seams



Pin the Top Piece and Back Pieces right sides facing on the side seams and sew. Include the lining.

Step 12 — Secure Gathering to Lining



Check gathered Front Piece to match Lining on the bottom and pin, sew together over the two rows of stitches previously made to fixate the gathering.

Step 13 — Spaghetti Strap



Make a Spaghetti Strap (Piece 7) to fit your own body using the pattern as a base. (You can use a wider piece if you need more support or use a longer piece if needed). Fold the strip lengthwise right side on right side and stitch along. Then turn inside out.

Step 14 — Attach Straps



Place Strap at the top part at the side seam on each side. Cover ending of the strap with the seam allowance of the back piece, inserting elastic. (See Step 3 for instructions on how to sew elastic). Topstitch

Step 15 — Hook and Eye



On the other side of the Back Piece conceal a hook with the hem and saw a loop to the end of your strap at the desired length. (See Step 7 for instructions on how to sew elastic)

Step 16 — Center Back Seam



Sew Back Pieces (Piece 8) at Center Back up to the marking on the pattern.

Step 17 — Hem



Turn the hem and topstitch with a zig zag stitch. Make sure you tuck in the seam allowance of the side seam into the turned up hem.

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