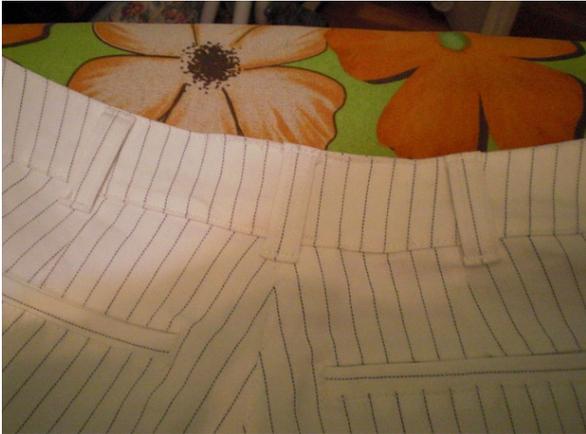


How to narrow an one-piece waistband of a ready made pant

By: Bohemiannow

<http://www.burdastyle.com/techniques/how-to-narrow-an-one-piece-waistband-of-a-ready-made-pant>



I always have been narrowing the waist of the pants I buy, cause I have narrow waist and wide hips. The result wasn't always the best, usually depending on the fabric or how long my top was going to be...to cover up the waistband... Now I believe I've got it! See if the waistband is one piece, there's no guide-seam to follow or an easy way to add darts if needed. I hope I'll help you guys. It worked for me! PS: sorry for my english, I did my best!

Step 1



This is how it looks at first.

Step 2



You unstick the seam of the waistband right where the centre back seam of the pants is (take away the belt keeper if there's any) and cut the waistband right in half. I wanted to narrow the waist band 4 cm, so cutting it in the middle works just fine. I believe it will do so for every measurement. Make sure to measure first.

Step 3



You pin together the four pieces of the waistband and stitch them, according to your measurement. You can unstick only the stitch of the waistband that holds it to the pants and not the seam that holds the two pieces of the waistband together. I had to do it in this pants, otherwise it is easier to treat it as one piece.

Step 4



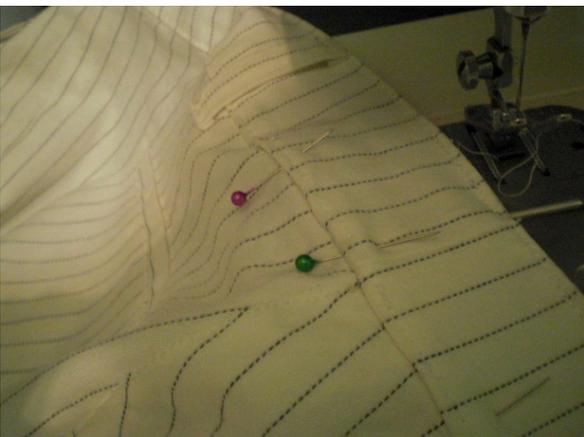
You cut the extra fabric and leave about one cm for seam allowance. You steam open and give the waistband it's normal shape.

Step 5



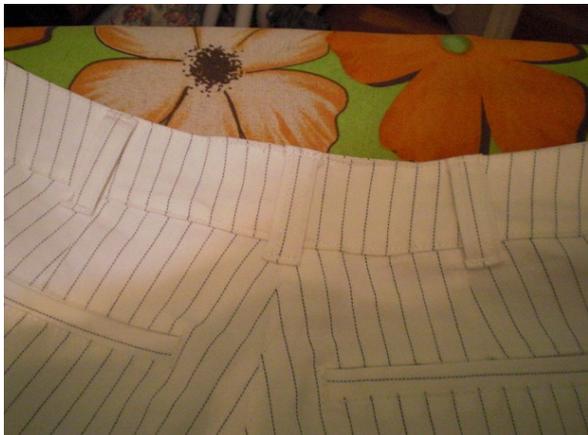
Now you have to narrow the pants part too. You pin and stitch, creating a dart. I started at 2 cm (2+2 =4 cm narrower) as I did in the waistband and ended at 0... it's a dart!

Step 6



Most of the work is done! Add any decorative stitches if your pants originally had them. Now stitch the waistband to the pants, as we usually do, when we make pants from scratch (sorry, I can't write about this now, I'm sure you can find instructions).

Step 7



You're done! It looks as it did at first, but it's not the same...look at the lines!!! Good luck!

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