

# Make Shoulder Pads

By: BurdaStyle

<http://www.burdastyle.com/techniques/make-shoulder-pads>

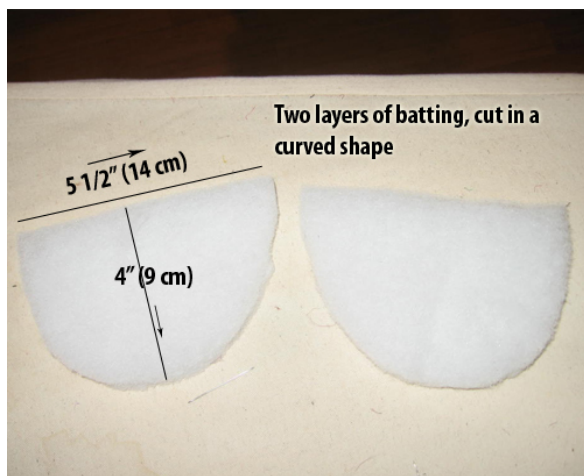
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This How To shows how to make your own shoulder pad!

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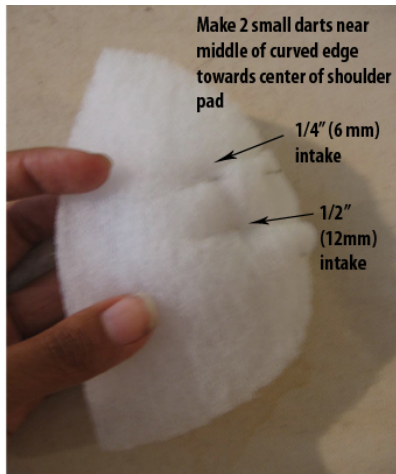
## Step 1



Make your own shoulder pads! Start by cutting 4 pieces of quilters batting that are in the shape of an arch. Simply use your designer's eye to create the curve. (Each shoulder pad is 2 layers).

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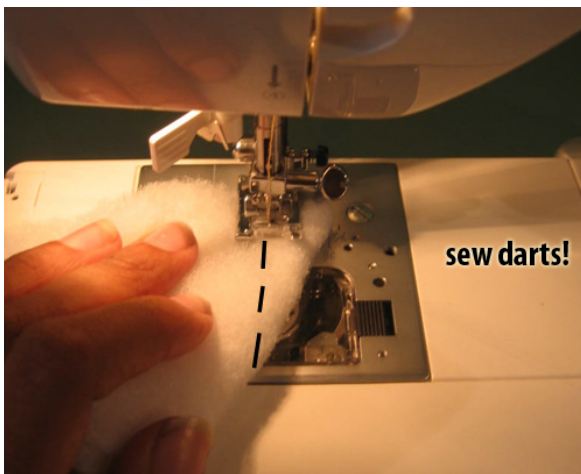
## Step 2



Either have a friend help you shape the pad over your shoulder, or use approximately the above measurements for making the shape. Fold the batting through both layers to make 2 darts along the curved edge towards the center of the pad. Pin.

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### Step 3



Sew the darts!

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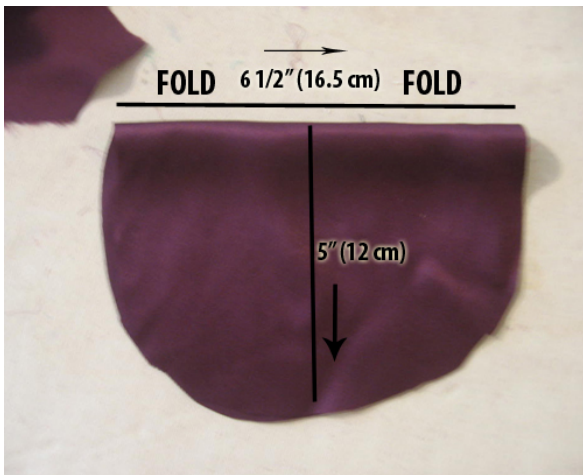
### Step 4



Your finished shoulder pads should look like this.

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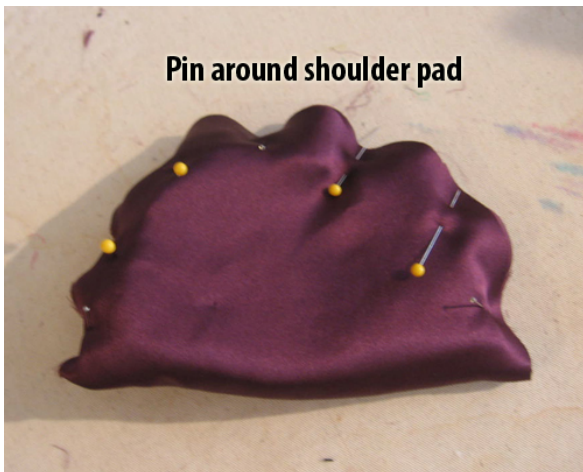
### Step 5



Cut a piece of lining fabric, approximately 1" bigger than the shoulder pad, and on the fold.

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### Step 6



Pin case around the shoulder pad.

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### Step 7



Sew around curve and trim excess.

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### Step 8



Now you've got 2 finished shoulder pads!

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**BurdaStyle**

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