

143 Neck Pillow

Materials

Plaid cotton flannel,
width: 150 cm (59 in)
length: 0.45 m (5/8 yd).

Piping: 1.75 m (2 yds) long.

Stuffing.

Tissue paper with printed grid (available at sewing shops).

Preparations

Follow the gridded diagram to draw a full-sized pattern piece for the pillow on a piece of tissue paper with printed grid. 1 square in the diagram = 5 x 5 cm (2 x 2 ins). Cut out the pattern piece.

Add seam and hem allowances:
Seams and edges 1 cm (3/8 in).

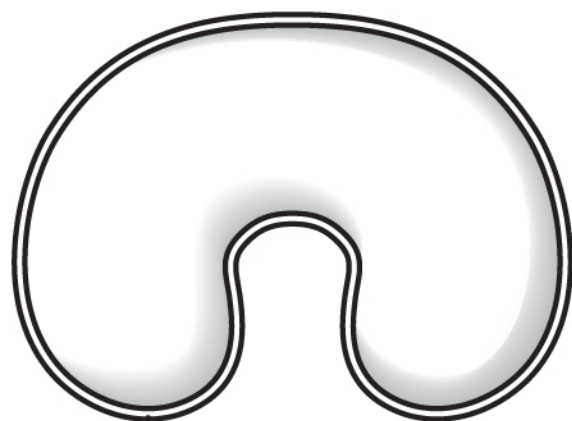
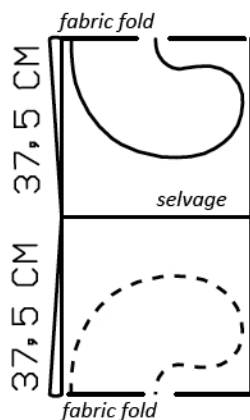
Cutting Out

pillow piece, on a fold 2x

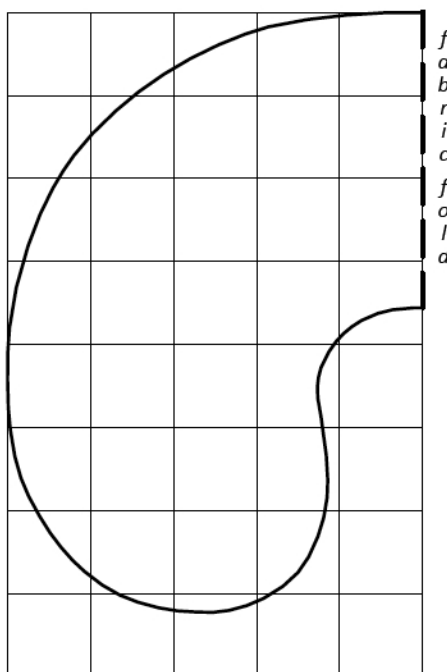
Sewing

Baste piping around edges of one pillow piece so that piping cord lies on the fabric, piece next to seam allowance. Fold both ends of piping tape slanted in toward seam allowance. Stitch piping in place (zipper foot).

Lay pillow pieces right sides facing. Stitch outer edges together, leaving about 10 cm (4 ins) open for turning. Turn pillow right side out. Stuff pillow. Sew seam opening closed.



Gridded diagram
1 square = 5 x 5 cm (2 x 2 ins)



Fold the fabric as shown in the pattern layout, right side facing in,