

## **Cutting and Sewing Instructions**

### **140** Apron

Burda sizes 34 to 38 and 40 to 44, Length of apron 55 cm (21 3/4 ins)

#### **Materials**

Plaid cotton fabric with a crosswise border,

width: 150 cm (59 in)

length: 1.50 m (1 3/4 yds) (2 pattern repeats).

Alternative with no border,

width: 150 cm (59 in) length: 1.00 m (1 1/8 yds).

A piece of cotton batiste, about 20 x 40 cm (8 x 16 ins), for lining.

Interfacing.

Recommended fabrics: Cottons.

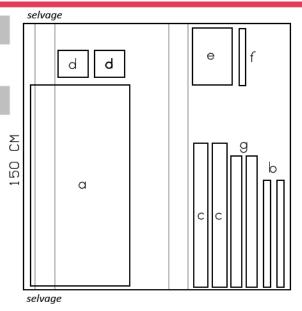
#### Preparations

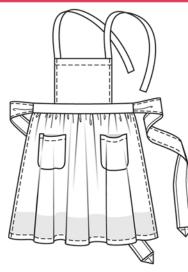
Draft the following pieces:

- a) apron piece, 95 115 cm (37 1/2 45 1/4 ins) wide, 56 cm (22 1/4 ins) long,
- b) 2 waistband pieces, 50 60 cm (19 3/4 23 3/4 ins) long, 4 cm (1 5/8 ins) wide,
- c) 2 sashes, 75 80 cm (29 3/4 31 1/2 ins) long, 8 cm (3 1/4 ins) wide,
- d) 2 pockets, 17 cm (6 3/4 ins) long, 15 cm (6 ins) wide,
- e) bib, 21 23 cm (8 3/8 9 1/8 ins) long, 26 32 cm (10 1/4 12 3/4 ins) wide,
- f) facing strip for upper edge of bib, 26-32 cm (10 1/4-12 3/4 ins) long, 3.5 cm (1 1/2 ins) wide,
- g) 2 straps, 75 cm (29 3/4 ins) long, 6 cm (2 1/2 ins) wide, finished width 3 cm (1 1/4 ins).

Add seam and hem allowances:

Seams and edges 1 cm (3/8 in), side apron edges 2 cm (3/4 in), lower apron edge 4 cm (1 5/8 ins).





Cut from a single layer of fabric, right side facing up.

#### **Cutting Out**

Cut out the apron piece so that the border lies 3 cm (1 1/4 ins) above lower edge of apron.

Outer fabric:

- a) apron piece
- b) 2 waistband pieces
- c) 2 sashes,
- d) 2 pockets,
- e) bib,
- f) facing strip for upper edge of bib,
- g) 2 straps,

Batiste (lining): pieces d.

Interfacing: Iron to waistband pieces.

#### Sewing

Press allowances on lower and side edges of apron piece to wrong side, turn in, and stitch. Fold apron piece in half and mark centre front.

Pocket: Lay pocket lining piece right sides together with pocket piece of outer fabric. Stitch pocket pieces together around all edges, slightly rounding off bottom corners and leaving a section of seam open on upper edge, for turning. Turn pocket right side out. Sew opening closed. Topstitch 1.5 cm (5/8 in) from upper edge of pocket. Pin pocket to centre front of apron piece, 5 cm (2 ins) from upper edge. Edgestitch side and lower pocket edges in place. Pin pockets to apron, 7 cm (23/4 ins) below upper edge and 10-15 cm (4-6 ins) to each side of centre front. Edgestitch pockets in place.

Gather upper edge of apron to match waistband. Stitch outer waistband piece to upper edge of apron. Press seam allowances of joining seam onto waistband. Mark centre front of this attached outer waistband.



# **Cutting and Sewing Instructions**

#### Sewing Continued...

Fold each strap lengthwise, right side facing in. Stitch along long edges and across one end. Turn straps right side out and press. Topstitch close to edges.

Turn in allowances on side edges of bib and stitch. Baste ends of straps to upper edge of bib. Stitch facing strip to upper edge of bib, over straps, right sides facing. Lay facing up. Turn under allowances on ends and on long edge. Lay facing down and pin. Work from right side to topstitch close to facing edge and 3 cm (1 1/4 ins) from edge. Mark centre on lower edge of bib. Baste bib to upper edge of outer waistband, matching centres.

Sashes: Press allowances on long edges to inside, turn in, and stitch. Fold one end of each sash in half lengthwise, right side facing in. Stitch across end. Trim allowances and neaten. Turn ends of sashes right side out and press to points. Lay straight ends of sashes in folds and baste to ends of attached waistband piece.

Press allowance on inside edge of inside waistband piece under. Lay inside waistband piece right sides together with attaced waistband. Stitch across ends of waistband and upper edge, catching sashes and bib. Turn waistband right side out. Baste inside edge in place. Topstitch waistband close to edges.

