

142 Belt with Helmet for men's Costume

Astronaut

Materials

Purchased jumpsuit.

5 iron-on appliqués.

Black petersham ribbon, 2.5 cm (1 in) wide and 3.50 m (3 7/8 yds).

Clip-buckle (Prym), bar width 2.5 cm (1 in) wide.

2 large plastic water bottles.

Gray spray paint (Knorr Prandell).

1.60 m (1 3/4 yds) of plastic tube (should fit into the mouth of the bottle).

Electricians tape.

Helmet: Paper lantern (spherical lampshade with spiral wooden frame), Newspaper and wallpaper paste, White electricians tape. Foam rubber tube (air conditioner insulation tube), Ø 3 cm (1 1/4 ins): 0.85 m (1 yd) and White emulsion paint.

Instructions

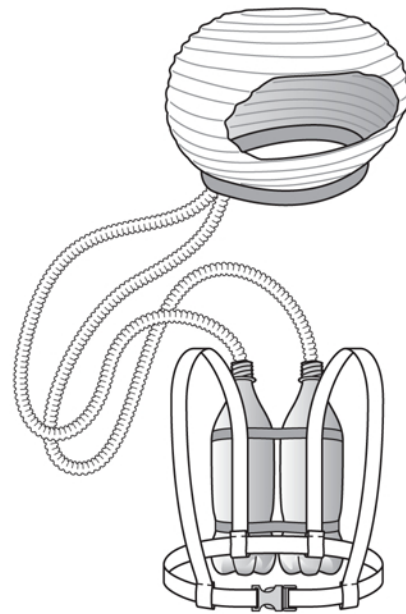
Overalls decoration:

Iron appliqués to sleeves, upper flaps and upper left pocket (see photo).

Belt with "oxygen" tanks:

Measure waist (wearing jumpsuit). For the waist belt, cut petersham ribbon to this length plus 4 cm (1 5/8 ins) allowance. Lay ends of ribbon over bars of buckle pieces and pin. Try belt on, adjust length if needed, then stitch ribbon in place. Cut remaining petersham ribbon into 2 equal pieces, for the straps. Fold ends of straps over waist belt and pin. Try belt with straps on to determine correct length. Then turn strap ends under and stitch in place.

Spray water bottles with grey paint (follow manufacturer's directions) and let dry thoroughly. Lay bottles on straps in back and attach by wrapping with electricians tape in two places. Cut tube into 2 equal pieces. Push one end of each tube into mouth of bottle and hold in place with electricians tape.



Helmet:

Enlarge the bottom opening of the lampshade to Ø approx. 25 cm (10 ins). Mix wallpaper paste. Apply paste to the newspaper and glue several layers to lampshade, letting each layer dry before adding next layer. After last layer, let dry thoroughly. Mark the face opening, approx. 14 cm (5 1/2 ins) high and 20 cm (8 ins) wide (rounding off corners slightly). Make sure that upper and lower edge of opening lie on wooden spiral. Cut the opening into the lampshade as marked, cutting through the wood frame at side edges of opening. Wrap cut ends of wood frame with electricians tape. Paint the helmet white. Let dry thoroughly. Cover side edges of face opening with electricians tape. With the help of a craft knife, cut foam rubber tube open lengthwise and place along lower edge of helmet.

When wearing costume, push open ends of plastic tubes under bottom edge of helmet in back.